

# dallas voice

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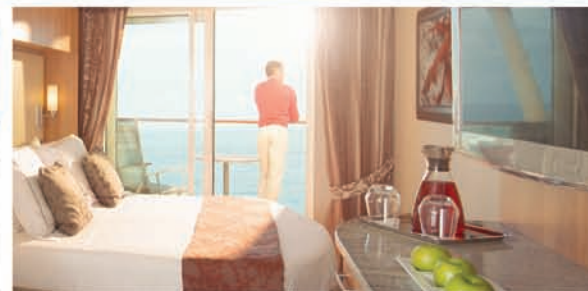
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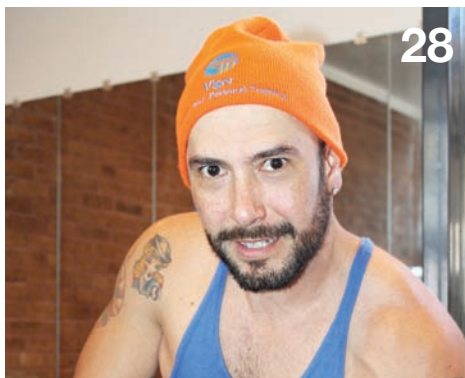


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**CREATING CHANGE** | LGBT community members from Dallas attended the National LGBTQ Task Force's 27th annual Creating Change conference in Denver Feb. 4-8.

## Longview man arrested in Ty Underwood murder

Carlton Ray Champion Jr., 21, of Longview has been charged with murder in the Jan. 26 death of Tyler trans woman Ty Underwood, according to KLTU television station in Tyler.

Champion was already being held without bond in the Gregg County Jail, after being arrested by Tyler police on Jan. 29 on a probation violation charge. Tyler police informed the Gregg County Sheriff's Office that Champion was also wanted on first degree murder charges, after which a warrant was signed and bond on the murder charge was set at \$1 million.

Police responding to a call about an automobile accident on Jan. 26 found Underwood's body in her vehicle, which had hit a telephone pole. She had been shot, and police believe that she got in her car to escape her attacker, and then crashed into the telephone pole.

Underwood is one of 5 trans women who have been murdered since the first of this year.

— Tammye Nash

## NOM has a dream

The National Organization for Marriage sent out a fundraising email comparing the 1963 March on Washington to its struggle to prevent same-sex couples from enjoying equal rights.

To highlight its goal, NOM is holding its own March on Washington. The last time they marched in Washington, they promised a million people and about 100 showed up.

Like all homophobic groups, NOM tries to scare people into thinking that if gays and lesbians get something, straight people lose something. What that is, they don't really explain.

Whether or not same-sex marriage is legal, no one is marrying someone they don't want to marry because NOM or other bigots think they should. The only thing gay and lesbian couples gain from same-sex marriage is all the special rights members of NOM and other heterosexual couples already have.

What anyone who fought for civil rights should be infuriated by is comparing Dr. Martin Luther King's speech about dreaming of equality for everyone to NOM's struggle to prevent the LGBT community from gaining equality.

This fundraising letter may be a new low for them.

— David Taffet

## Kansas governor rescinds nondiscrimination order

Republican Gov. Sam Brownback of Kansas rescinded a nondiscrimination order on Tuesday, Feb. 10 signed by a predecessor and barring discrimination based on sexual orientation and gender identity by most government agencies.

According to the Topeka Capital-Journal, former Democratic Gov. Kathleen Sebelius signed the executive order in 2007 requiring "agencies under the governor's direct control to ensure they have programs to prevent harassment against gay men, lesbians, bisexuals and people who have had surgery for sex changes." It covered 25,000 of the 41,000 state employees, the CJ reported.

Brownback said Sebelius' order was unilateral and should have occurred at the legislative level.

Equality Kansas slammed the move in a statement. "This action by the governor is an outrage. Gay, lesbian and transgender state employees across Kansas have trusted they would be safe from discrimination and harassment in their workplace but Sam Brownback has, by erasing their job protections, declared 'open season' on every one of them," said the group's head Tom Witt.

— James Russell

## NJ judge rules JONAH can't call homosexuality a disorder

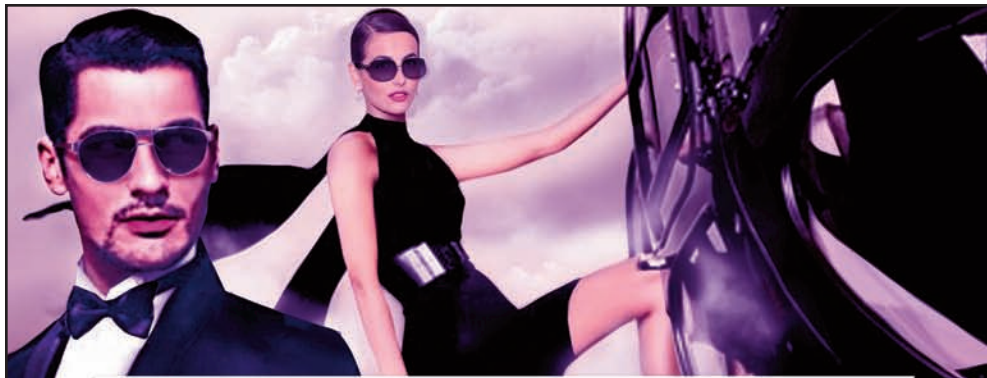
New Jersey Superior Court Judge Peter F. Bariso Jr. ruled Tuesday, Feb. 10 that marketing so-called "conversion therapy" by misrepresenting homosexuality as a disorder violates New Jersey's consumer protection laws.

Bariso issued the ruling in the lawsuit filed by the Southern Poverty Law Center on behalf of former clients against Jews Offering New Alternatives for Healing (JONAH), a New Jersey-based organization that purports to convert gays and lesbians to heterosexuality.

According to an SPLC press release, Bariso's ruling marks the first time a court in the United States has found that homosexuality is not a disease or a disorder and that it is fraudulent for conversion therapists to make such a claim. SPLC also says that as the trial progresses, they will present evidence to establish that JONAH repeatedly made such misrepresentations.

The lawsuit suit claims the group used deceptive practices to lure plaintiffs into their costly services for gay-to-straight therapy that can cost in excess of \$10,000 a year.

— Tammye Nash



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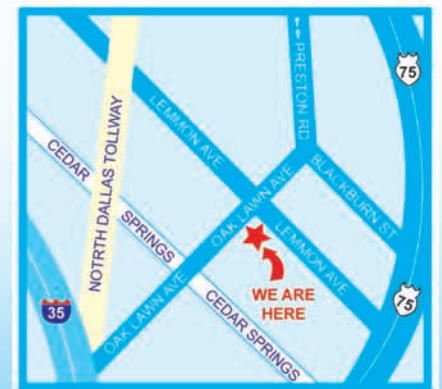
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## Obituaries



**David Michael Harr**, 49, died on Feb. 9 at Clements Hospital in Dallas.

He graduated from Gorman High School and attended Tarleton State University and owned David Harr & Associates, a successful design business.

Harr is survived by his parents, Donald William and Freida Katherine (Smith) Jenkins; brothers and sisters, Don Allen Jenkins and his wife Sheila Jenkins, Scott Harr, Tommy Eric Jenkins and his wife Tammy R. Jenkins, Kristi Michelle Erica Trimble, Jeannie Harr Arbogast, Ashley Erin Arrilda Renee Hamilton; 13 nieces and nephews, and seven great-nieces and -nephews, as well as many friends.

A memorial service was set for 4 p.m. Friday, Feb. 13 at Lighthouse Baptist Church, 8000 E. Miller Road, Rowlett.



Funeral services for **Nye Cooper**, 41, were set to take place at Celebration Worship Center, 3231 Highway 27 South in Sulphur, La., on Friday, Feb. 13 at 10 a.m. Memorials in his honor can be made to the church or to the American Cancer Society.

Sue Loncar, founder of the Contemporary Theatre of Dallas, will hold a local memorial service later this month. Details have yet to be determined.

Cooper, a talented actor who stepped away from the spotlight several years ago after his health deteriorated, died Monday night, Feb. 9, from complications following a long illness.

A Louisiana native, Cooper — the fourth recipient of Dallas Voice's Actor of the Year honors — had been in hospice care in North Texas since the previous week, surrounded by his family.

Cooper grew up in DeQuincy, La., and graduated from McNeese State University in Lake Charles. After graduation, he performed in the long-running outdoor musical *Texas* in Palo Duro

County. In the mid-1990s, he moved to Dallas, and quickly became known for his dry humor and acting talents.

He stopped performing as well, though his friends in the theater will long recall his legacy.

"Nye did shows with Jeff [Rane] and me when we were both actors — before we formed Uptown Players," says Craig Lynch, who co-produced *Sordid Lives* with Cooper during the company's inaugural season. One of his co-stars was Wilson.

"The first time I saw him was when we were both auditioning for *Sordid Lives* — he was so gorgeous and so talented," she said. She was so impressed, she cast Cooper to portray John Wilkes Booth in her play *Perchance*. Later, Wilson rewrote her play *The Ladies Room*, renaming it *Dim All the Lights*, with Cooper in mind. It was one of his singular achievements.

Cooper will long be remembered for performing the role of Crumpet in David Sedaris' *The Santaland Diaries* at several theaters across North Texas, including WaterTower and Contemporary Theatre of Dallas. He was nominated for a Leon Rabin Award for his performance.

"His range, both dramatic and comic, was beyond anything I had seen in Dallas," Wilson said. "His humanity and professionalism and devastating sense of humor gave me joy."



**Henry "Alan" Morgan**, 59, died suddenly Thursday, Oct. 30, 2014. He was born in Camden, Ark., on Feb. 18, 1955. His parents and two siblings as well as his beloved dogs, Dawson and Preston, preceded him in death.

Morgan was a graduate of Southern State College in Magnolia, Ark., with bachelors degrees in both business administration and certified public accounting. He was employed by Dallas Production Inc. as a joint interest accounting manager for over 20 years.

Morgan is survived by his husband of more than 20 years, Bill Potocki, and his dog and buddy, Bailey.

All who knew him loved him for his kind nature, thoughtfulness and his love of cooking. A memorial service is pending. ■



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# Keeping love alive

Long-term couples offer advice for new couples on keeping a relationship healthy and happy

Compiled by the Dallas Voice News Staff

As of June 26, 2013 — the day that the U.S. Supreme Court issued its ruling striking down parts of the Defense of Marriage Act — the Pew Research Center estimated that there were at least 71, 165 legally-married same-sex couples in the United States — “certainly more.”

That’s when there were nine states that

blocks are out of the way, getting married will be the easy part. It’s staying married that could get tricky.

So, with Valentine’s Day coming up this weekend and everyone’s thoughts turning to love and romance, we thought we would talk with a few long-term couples, and get them to offer up some advice for the new couples among us on how to keep your marriage happy and healthy for years to come.

Feleshia Porter and Amanda Blackshear have been a couple since 1990. They were married in September 2013 in Red River, N.M., with Marge Perry, now deceased, performing the ceremony. Here’s their advice:

Don’t make demands, ask for what you need or want. Be kind to each other. Laugh a lot. Appreciate and respect each other. Work together to create a life you both love. Master the art of knowing when to speak up and when to keep your mouth shut. Make and respect boundaries. Play well and fight well together. Teach each other how you want to be

“Never stay mad over the little things. Remember how to have fun, and most importantly, remember how she likes her steaks cooked!”

Rabbi Debra Kolodny is a bisexual rabbi from Portland, Ore. She is marrying her partner, Brio Kelly Howard, in August. “We count our blessings every day,” Kolodny said, “intentionally honoring the best in each other. When things get hard, we lovingly explore it right away. We met at Sacred Dance. We go once a week, so we have a shared spiritual practice, which literally helps us shake things off.”

Finn Jones, a trans man, is the owner of Sacred Ground Lawn Care and has been with his partner, Susan Blanchard, for five-and-a-half years. It was about a year into the relationship that Finn began his transition, a process that added another dimension already-difficult job of staying together.

“My advice is doing therapy separately and as a couple,” Finn said. “And communi-

“In 17 years, we’ve never lost our temper with one another,” Robyn said. “We resist that urge to say something hurtful. We step back and resume the conversation after the urge passes, because you can’t take it back.”

She continued, “We give each other lots of space. We’re not one of those joined-at-the-hip couples. We have some separate and some shared friends. Neither of us ever has to refrain from doing something. I go two-stepping and she goes out on her motorcycle. Our relationship is never suffocating. [And] we always trust and respect each other.”

The Rev. Carol West, pastor of Fort Worth’s Celebration Community Church, and her partner, Angela King, have been together for 28 years. Their advice is simple and straightforward.

“We share a basic value system, and we believe in a lively sense of humor,” West said. “Seems to keep us going.”

Long-term relationships don’t always have to be “traditional.” Gauge Xavier is a call center manager in a polyamorous relationship with his two husbands, James and Michael.

“Each poly I have met defines their families in different ways,” Gauge said. “We define ours as an open poly. We don’t blur the lines of love and sex. We also don’t believe that love has boundaries. We are free to explore where the heart leads us.

“Sometimes it works and sometimes not. But that is part of the journey of life,” he said.

For same-sex couples not in a legally recognized marriage, there is a barrage of legal paperwork needed to protect themselves and their paperwork that those who have the option of legal marriage don’t face. For a polyamorous relationship, arranging “legal protections and setting up documents to protect one another” are necessary steps.

“Insurance can be tricky as well. I am currently restructuring a limited liability corporation to protect our assets,” Gauge said. “But in real life our struggles are not much different than any other gay struggles. There’s just an added dimension when more people are involved.”

Lab tech and full-time student Bobbie Russell identifies as bisexual, and she has been with her partner, Kevin Smith, for 10 years.

“I’m no relationship expert, and this is just my two cents,” Bobbie said, “but we never fight, and he’s put up with my bullshit for 10 years. So maybe I’m doing something right.”

As far as offering relationship advice to others, Bobbie said, “Don’t look for a relationship, look for friendships and a relation-



Left to Right, Top to Bottom: Feleshia & Amanda, Theresa O'Donnell, Rabbi Debra Kolodny, Leo & Tony and their sons, Robyn Ochs, Bob Williams and Sarah & Teresa.

legally recognized same-sex marriage. As of Monday, Feb. 9, there are 37 states and the District of Columbia that are marriage equality jurisdictions. Four times the marriage equality states equals four times the same-sex marriages, maybe? If so, then that puts us at 284,660 .... um, well, let’s say 284,660, more or less.

And with the possibility of a 5th Circuit Court of Appeals decision striking down marriage bans in Texas, Louisiana and Mississippi possible any day now, and a possible U.S. Supreme Court ruling supporting marriage equality nationwide on the summer horizon, the number of legally married same-sex couples in this country is bound to skyrocket.

But the fact is, after those last legal road-

treated. Pay attention and enjoy life because it goes by really quick in the flow of a good relationship.

Bob Williams is the founder of Ranch Hand Rescue. He and his partner, Marty Polasko, have been together for 27 years. Bob said that the secret to their longevity is honesty and communication.

“We made a pact to never go to bed mad at each other. You have to resolve what your issues are. To have a successful relationship, it’s give and take. No matter how hard things get, it’s the love that gets you through,” Bob said. “You need to be monogamous or chances are the relationship won’t last.”

Sarah Gaylord and Teresa Ferrell have spent the last 24 years as a couple, and their advice on making it last is short and sweet:

“Communication and respect are the most important aspects of a successful relationship, transitioning or not. Even communicating the hard stuff. It has to happen no matter what.

“And to find a good support group that works with individuals and couples, like DFW Trans-Cendence, the group we helped found and lead,” he added. “It is imperative that you seek help and support from other successful couples.”

Robyn Ochs is an educator and activist who makes her living as a speaker on bisexual issues. Her new book is *Recognize: The Voices of Bisexual Men*. She and her wife, Peg Preble, have been together 17 years. The keys, Robyn said, are kindness, space and trust.



ship will find you. You must commit to the fact that relationships are hard work at times, so communication and honesty with your partner are key. Tell the truth even when you don't want to.

"Have fun and enjoy each other's company," she continued, "and make sure your partner is open and accepting of your sexual kinks."

Dallas City Attorney Theresa O'Donnell said sometimes you just have to accept the inevitable: "Christa has a Ph.D. in rhetorical analysis. I've never won an argument. I learned 14 years ago to stop. I don't try anymore."

And to wrap it all up, here's a few words of advice from Dallas Voice Publisher Leo Cusimano, and his partner, Tony Cuevas, a professor at SMU. The two have been together 34 years, have two adopted sons and have spoken frequently at seminars and conferences on maintaining a healthy relationship.

"Tony and I met in college 34 years ago and our hearts still skip a beat when we see each other across a crowded room," Leo said. "We started out as friends trying to figure out what we wanted to be and do, but our friendship turned quickly to love based on respect. We found that we had a lot in common and shared the same values and interests."

"True love is finding someone who sees the best in you, even when you don't, and who makes you want to be the very best person you can for yourself — and then feeling the same about him or her," Leo continued. "Maya Angelou inspired us early in our relationship with a quote: 'Love recognizes no barriers, it jumps hurdles, leaps fences, penetrates walls to arrive at its destination full of hope.'"

Leo said that over the years as he and Tony grew up together, they were able to "maintain a common path because our faith in one another remained strong and our journey has been full of hope. We adopted two boys from foster care after our 25th anniversary and our love has grown exponentially for each other and our extended family. It truly does take a village."

"Simply put, after 34 years together, we believe in the same things, we carry the same qualities and passions. It does, however, always come down to the three C's: communication, commitment and co-dependency," Leo said. "Well, I'm just kidding about the co-dependency part. The third C is really collaboration, not compromise."

"Collaboration is about understanding each other's needs and finding a mutually beneficial, win-win solution, which takes communication and being committed to one another," he added. "As our family has grown through the years, our relationship continues to change and grow stronger. Our inspiration these days comes from RuPaul: 'If you don't love yourself, how in the hell are you gonna love somebody else?' To that I say, 'Amen.'"

So there you have it — advice culled from about 200 years of relationship success on how to find and keep the man or woman of your dreams. Here's wishing you a happy Valentine's Day, and many years to come of wedded (legally or not) bliss. ■

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## IMMIGRATION ATTORNEYS

# Roads, parks and nondiscrimination ordinances

Why city council elections matter to LGBT people

**JAMES RUSSELL** | Staff Writer  
russell@dallasvoice.com

On May 9, area voters will cast their votes for nonpartisan elected offices — like city councils, school boards and other special purpose districts. And while the day-to-day obligations of a local elected official may not be the most riveting of work, those officials are still important, especially to the LGBT community.

“In some ways our attention is on national and international issues, but local decisions are some of the most important decisions to impact our livelihood,” said James Riddlesperger, a professor of political science at Texas Christian University who studies Texas politics.

“Issues like streets, water and transportation may not be sexy issues, but when [something] doesn’t work we notice. Local governments are ingrained in our daily lives [even if] we take the issues for granted,” he noted.

Because local governments also transcend partisan politics, voters are less likely to see the type of gridlock seen at the national level. Local elections benefit the LGBT community because voters won’t see the same contentious stand-offs like we’ve seen at the national level between the Republican-controlled Congress and a Democratic president. In comparison, at the local level, “there’s hope for compromise,” Riddlesperger said.

But aside from day-to-day issues, there’s another reason for LGBT people to run to the ballot box in local elections. In a state like Texas, which currently lacks statewide recognition of the LGBT community, local entities and corporations are the best way to ensure LGBT equality and recognition.

Rafael McDonnell, Advocacy and Communications Manager at Resource Center, works with local governments on pro-LGBT policies and ordinances. “From a general perspective, the local level has been where people have been able to make changes,” he said. “That’s why we here at the center have pursued employment nondiscrimination policies at a variety of governmental and non-governmental bodies here in North Texas.”

Aside from the right-wing opposition to some ordinances, such as the Houston and Plano Equal Rights Ordinances, nondiscrimination policies are seen as fairly nonpartisan, McDonnell added. “Support among the general public for nondiscrimination policies cuts across multiple lines [including] race, religion and political affiliation. At the municipal level, and at some of the governmental bodies that we have worked with, you are dealing with people who were elected on a nonpartisan basis.”

Riddlesperger, the political science professor, added that because local governments are large employers, there’s a sense of accountability to the community as well. He cited issues like extending partner benefits to same-sex couples and reforms in the police department instituted by former Fort



Adam Medrano

Joel Burns

Worth Police Chief Jeff Halstead and LGBT activists following the 2009 Rainbow Lounge raid.

Though a race with an out LGBT candidate can be contentious at the national or state level, Riddlesperger said identity politics is more of an undercurrent in local elections. But Denis Dison, senior vice president with the Gay and Lesbian Victory Fund, an organization that works to elect LGBT leaders, disagreed. “People who say that often want it to be true,” Dison suggested.

Candidates running against an out LGBT candidate can always use codes to gay-bait their opponent without seeming to do so. When former Fort Worth City Councilman Joel Burns first ran to fill the council seat left open when Wendy Davis resigned to run for state senate, Burns’ sexual orientation and marriage to a man was fodder for his opponent. Despite the subtle anti-gay tactics, Burns ultimately won — and won re-election handily each time he ran.

Openly LGBT candidates and elected officials can bring a personal story into the mix when negotiating policy, which puts a face on the LGBT community which likely had previously seemed distant and foreign to some. “They can talk about, and contextualize, about what an issue means to them,” said the Victory Fund’s Dison.

As of press time, there is no openly LGBT candidate running against an incumbent for Dallas and Fort Worth city councils. Brent Rodgers, an openly gay Dallas businessman, dropped out of his race against incumbent Councilman Adam Medrano, who is running for re-election.

Currently six Dallas city councilors are term-limited and all others, including Mayor Mike Rawlings, are running for re-election. While the majority of the Dallas City Council members are LGBT allies, there are opportunities to elect fresh faces and LGBT allies. For example, anti-LGBT councilwoman Vonciel Jones Hill is also among those term limited.

Given the lack of out elected officials at both the state and local levels in Texas, McDonnell also stressed the importance of allies, since the number of allies in office is greater than the number of out LGBT elected officials.

Dison said despite popular belief, LGBT issues have been stonewalled both nationally and statewide. “While we are experiencing [advances in] marriage equality in the courts, if you look at what is happening at the municipal level, there’s not much traction. The far right, conservative elements are blocking any legislation,” he said.

And that is reason enough to take interest in those local races that will be decided in May. ■

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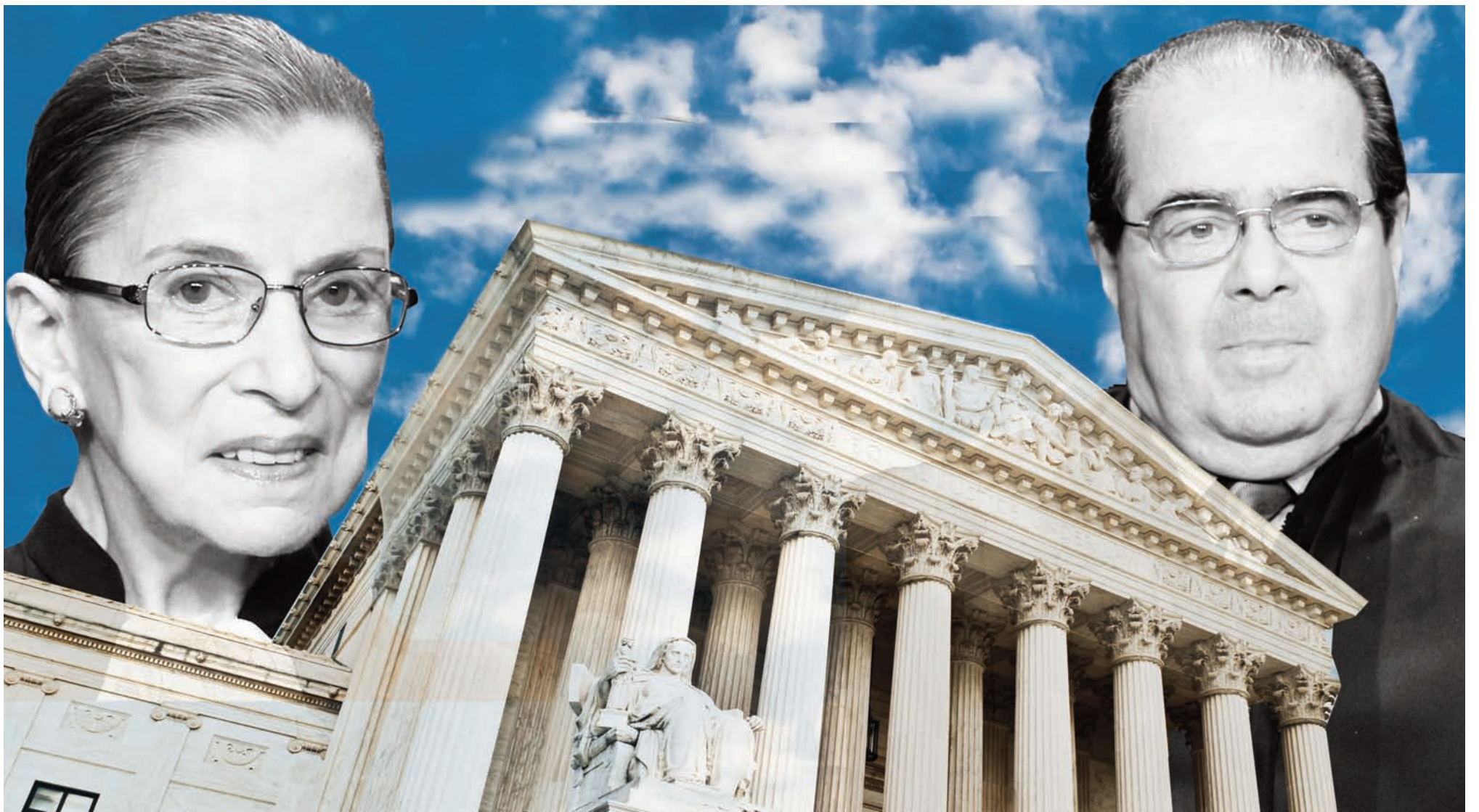
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# Where do they stand?

Legal experts chime in on how they expect the Supreme Court justices to vote on marriage equality

**JAMES RUSSELL** | Staff Writer  
russell@dallasvoice.com

The battle for marriage equality has reached the Supreme Court.

In April, the justices will hear arguments in four cases stemming from the Sixth Circuit Court appellate decision upholding bans on same sex marriage or marriage recognition in Kentucky, Michigan, Ohio and Tennessee.

But now what? What side of the line are the nine justices going to come down?

Megan Penrose, a professor of law at Texas A&M University School of Law in Fort Worth, said the justices face two questions. The first asks if the 14th Amendment of the Constitution requires states to issue same-sex marriage licenses. The second asks if the 14th Amendment requires states that do not issue marriage licenses to same-sex couples to recognize the marriages of those couples performed in jurisdictions that do recognize same-sex marriage.

According to SCOTUS blog, which covers the Supreme Court, of the four cases the Supreme Court has agreed to hear, only *Bourke v Beshear*, raises both questions. The Michigan case, *DeBoer v Snyder*, only addresses allowing same-sex marriages. The Ohio case, *Obergefell v Hodges*, and the Tennessee case, *Tanco v Haslam*, only address recognition of same-sex marriages performed elsewhere.

While both questions address the legal obligations of states, the second question, Penrose said, is easier to answer.

"With the patchwork of laws that depend upon where you live, I wouldn't be surprised if the majority of justices believe states should recognize out-of-state marriages under the full faith and credit clause. But the first question is broader, and the court doesn't have to arrive at any decision," Penrose said.

Like other legal observers, Penrose said she believes the decision will be divided 5-4, with justices Ruth Bader Ginsburg, Elena Kagan, Sonia Sotomayor and Stephen Breyer joined by swing vote Anthony Kennedy.

In fact, Ginsburg, on Wednesday, Feb. 11, indicated the likely outcome of the cases. Given the recent denial of stays by the Court as the court

will likely rule in favor of same-sex marriage.

Ginsburg also indicated which way she'll vote: "The change in people's attitudes on that issue has been enormous. In recent years, people have said, 'This is the way I am.' And others looked around, and we discovered it's our next-door neighbor — we're very fond of them. Or it's our child's best friend, or even our child. I think that as more and more people came out and said that 'This is who I am,' the rest of us recognized that they are one of us."

Looking at the tea leaves, Justices Clarence Thomas and Antonin Scalia will likely vote against marriage equality, given their dissenting votes in previous cases related to LGBT issues.

On Monday, Feb. 9, Thomas issued a dissenting opinion after the court cleared the way for same-sex marriages in Alabama. Citing historical precedent, he wrote, "When courts declare state laws unconstitutional and enjoin state officials from enforcing them, our ordinary practice is to suspend those injunctions from taking effect pending appellate review."

He also called the court's ongoing decision to deny stays part of "the court's increasingly cavalier attitude toward the states."

Justice Scalia joined him in the dissent.

In 2013's *United States v Windsor*, in which the court struck down a portion of the Defense of Marriage Act, Thomas and Scalia were joined in their dissent from the majority ruling by Chief Justice John Roberts and Justice Samuel Alito. Alito and Roberts, however, were noticeably absent from Thomas' dissent on Monday.

Michael Dorf of Cornell University told the Associated Press the absence of Roberts and Alito from the dissent suggested both justices could vote in favor of same-sex marriage this year. Roberts, he said, is the more likely candidate.

But Penrose pointed out that both sides have legitimate legal arguments. And constitutionally, she said, answering the question of whether or not states are compelled to grant marriage licenses to same-sex couples could be a big step.

There is also little historical precedence to justify a sweeping move, she said. Opponents of the two questions before the court argue marriage is not mentioned in the Constitution. In the historic case of *Loving v Virginia*, which legalized mixed race marriages, marriage was viewed as a right but still limited marriage to one man and one woman.

The Supreme Court is expected to issue its ruling in June. ■





Officer Bronda Davis



Officer Monica Cordova

### More couples eligible for Medicare

Social Security is now processing some Medicare enrollments for same-sex couples that were previously being denied, Fairness Fort Worth President David Mack Henderson noted this week.

Implementing the U.S. Supreme Court's 2013 *United States v Windsor* decision, the Centers for Medicare and Medicaid Services has addressed policies related to Medicare entitlement and enrollment to Part A and Part B of the program.

"It's extremely significant for our community members, especially those who are seniors," said Henderson said.

The ruling became effective Feb. 9 and applies to appeals and enrollment determinations made on or after June 26, 2013.

Enrollments for free hospital insurance, known as Medicare Part A, are open to uninsured spouses age 65 or older based on the work history of a current or former spouse, according to

Medicare.gov.

Spouses may also be entitled to reductions in Part A premiums based on the work history of a current or former spouse, requests for special enrollment periods based on group health plan coverage from current employment of a same-sex spouse and reductions in late-enrollment penalties based on group health plan coverage from current employment of a same-sex spouse.

Another benefit is for people with End Stage Renal Disease based on the work history of a current or former spouse.

These benefits that were offered to opposite-sex married spouses were previously denied same-sex couples.

Retroactive to June 26, 2013, a same-sex spouse may apply for Medicare based on the Medicare taxes paid by the spouse to get premium-free Part A.

Medicare Part B, which is medical insurance, is available to a same-sex spouse with a premium, if eligible.

Thursday, Feb. 12 meeting. Elected trustees accused the four city councilmen who sided with expanding coverage to include same-sex couples of having a political agenda.

Councilman Scott Griggs tried to make the issue as simple as possible: "They risk their lives for us every day. It's unfair to make them wait another day."

Kleinman made at least five motions to resolve the issue, starting with the compromise passed by ERF.

When that motion and an amended version of the motion both failed, Kleinman made a motion

to send the issue to members of the pension for a vote.

But board Chair George Tomasovic and Vice Chair Dan Wojcik made it clear they wanted separate elections for that issue and for the trustee election coming up in April. Both trustees are up for re-election at that time, and they both accused supporters of equal benefits of having a political agenda.

Wojcik's preferred solution was to wait until the Supreme Court rules on the marriage equality cases before it, probably in June.

Following the meeting Tomasovic sent the fol-

lowing written statement to Dallas Voice:

"It has long been the consensus of the Dallas Police and Fire Pension System (DPFP) board of directors that the same-sex spouses of our members should be eligible for survivor benefits. That has never been a question. The only concern the board has on this issue is the legality of providing those benefits since Texas law does not recognize same-sex marriages. Fortunately, the legal landscape on this issue appears to be changing and these changes open up new options for DPFP to consider in providing benefits to same-sex spouses.

"The debate on this issue at today's board meeting was emotional and heated. But it also led board members to reach a compromise that balances the needs of our members with the necessity to protect the pension system from the very real legal liabilities it could face in providing same-sex benefits.

"The board recognizes that its decision today did not make everyone happy, but its actions today provide a realistic path and timeline we believe will allow us to resolve this issue soon and

■ ERF, Page 15

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**GODFATHERS** | George Harris, left, and Jack Evans, right, tied the knot in a religious ceremony last year, hoping to be role models for younger LGBT community members. (David Taffet/Dallas Voice)

## How to live with your partner for decades

Long-term couples — including two from Dallas — explain how they've kept their relationships together in a new book called 'Love Together'

**DAVID TAFFET** | Senior Staff Writer  
taffet@dallasvoice.com

Tim Clausen wasn't very good at maintaining a long-term relationship so he decided to figure out why not.

"Maybe I just haven't met the right guy," he considered. Or maybe it was something else.

So he decided to talk to people who've been in long term relationships — 102 of them in all. Some had been in relationships 10 years, some more than 60 years.

From those, he picked some of the most diverse and interesting interviews to include in his new book, *Love Together*.

Clausen said discovered there's no magic formula for making a relationship last, but he did learn a number of things that can help.

"I learned it's really important to have open communication," Clausen said.

He also said he doesn't believe there's just one Mr. Right out there for everyone.

Two couples in the book are from Dallas. One of those is Steve Habgood and Mark Sadlek, who have been together more than 26 years. From them, Clausen said, he learned that successful long-term partners will change over time and you must let each other change as people.

Sadlek said the interview process was interesting.

"We thought he was going to interview us both

at once," Sadlek said.

Instead Clausen conducted separate interviews. Sadlek said when he read what Habgood said, there were no surprises.

In the book, Clausen used Habgood's interview. So what advice did Sadlek have about maintaining a long-term relationship? When he was younger, he said, he would have said it was all about communication. Now, though, he has some different advice: "As you get older, be willing to let your partner change and grow."

Sadlek said that one of the challenges he and Habgood faced as a couple was swapping which one of them earned more money. Changing careers can impact a relationship in a number of ways in addition to money, he noted.

When Habgood went into real estate several years after they met, his new career was more time-consuming and took up most weekends — time he and Sadlek had always spent together. Sadlek said he had to learn how to deal with that.

During the first years of their relationship, Sadlek traveled extensively for business, but after Sept. 11, his company closed. He said Habgood wanted him off the road, but being at home seven days a week changed the dynamic of their relationship and could have had a negative effect. But Sadlek said he cherished their extra time together.

Clausen said that even though same-sex marriage has been one of the biggest topics in the news, the gay community still needs lots of role models, and two of the greatest role models he found while writing his book were Jack Evans and George Harris, the godfathers of the Dallas LGBT community who have been together for 54 years and who were married a year ago.

Clausen said many couples that had been together for a number of years didn't think marry-

ing would make a difference in their relationship. But they discovered the experience did, in fact, have an impact on them. He said most told him that getting married turned out to be a truly profound experience with an unexpected impact.

Evans and Harris, though, are the exception. They married a year ago when their pastor asked them to have a ceremony to make a point to the Methodist Church, which is still wrestling with the issue.

Evans, currently recovering from a fall that resulted in a broken femur, spoke from a rehab facility at Baylor Hospital.

Evans said after they spoke, Clausen told him, "Jack, you ramble too much. I'm using George's interview."

So after Evans rambled about on about other things for awhile, he eventually explained what makes their relationship work so well: "George will not argue," Evans said.

He called that a key to their relationship. "When you begin to argue, you get mad," Evans said. "Then the relationship's over."

Harris agreed: "I do not argue. There's no winner in an argument. If you win, you lose."

But Harris also had another reason they've been so successful as a couple: "He's always made the money, and I've always spent it."

Evans and Harris worked together for many years as partners in a real estate business. They know each other well enough to finish each others' sentences. But marrying was something they did for others.

"It was not something burning inside us," Harris said of their wedding. Still, he said he hoped

their example would encourage young LGBT people to be proud of themselves.

But was their actual wedding meaningful to him? "What the hell difference does it make?" Evans said.

Once marriage equality does come to Texas, however, Harris said they will tie the knot one more time. The couple are long-time members of Northaven United Methodist Church. Last year, their wedding, performed by a retired pastor from the church, took place at Midway Hills Christian Church, because Northaven was forbidden by the denomination from having a ceremony there and the church's pastor, Eric Folkerth could have been defrocked had he performed it or allowed it at his church.

If marriage equality comes to Texas, Folkerth asked Evans and Harris if they'd get married one more time, this time legally. His wife, Judge Denise Garcia hopes to hold their legal wedding in her courtroom.

"We don't want any big thing," Harris said. "Her chambers are small, so we'll just have a few friends."

Married or not, each of the couples in the book learned to respect, communicate and adapt as they grew and changed.

Clausen said he learned something from each of the people he spoke to — even from Evans' rambling. He said he came away from the experience encouraged that there are advantages to same-sex relationships.

"We don't have a standard template handed to us," he said. "We navigate and find out what works best for us." ■

■ **ERF**, From Page 13

clear the way to providing the benefits that all of our city's police officers and fire fighters deserve."

Both the council members who sit on the board and police officers who attended the meeting made it clear they were out of patience with the other board members' delay tactics.

Officer Monica Cordova has a 14-year-old son and a six-month-old daughter and was married last year. She said she only wants to protect her children.

The board assured the officers that should the Supreme Court overturn the Texas anti-marriage equality law, all benefits would be retroactive.

But Police Major Barbara Hobbs reminded board members that if something were to happen, "By then, [spouses depending on benefits] could lose [their] home."

When she suggested board members put pension benefits for their own wives on hold until the Supreme Court rules, Kleinman jumped on the idea.

"I'll make that a motion," he said. "Second," both councilmen Tennell Atkins and Griggs said.

But the motion was voted down by the same 5-7 margin as Kleinman's previous resolutions. Only Joe Schutz, the board's newest and youngest member, voted with the four councilmen.

When accused of having a political agenda a second and third time, Councilman Philip Kingston said, "Gotta drag you into the 21st cen-

tury one way or the other."

The board voted on other options, including waiting until the Supreme Court rules. Every other option failed by a tie vote.

After the meeting, Kleinman said that if the 5th Circuit Court of Appeals rules on the pending marriage case it heard in January and the Supreme Court refuses to place a stay on the ruling, as it refused to do this week in Alabama and last month in Florida, Texas will become a marriage equality state and he'll call a special session of the board.

He said he'll call for the pension to begin offering benefits immediately.

Kleinman said the city attorney's favorable opinion on ERF will be read at the Feb. 18 council meeting. The council will vote to equalize benefits. Benefits should begin next week.

But Police and Fire Pension retirees will have to wait.

Metro Task Force Officer Bronnda Davis left the meeting frustrated.

"We're not asking for anything special," she said. "Just the same benefits anyone else gets."

Meanwhile Resource Center Communications and Advocacy Manager Rafael McDonnell, who attended the meeting, has started the process of filing a complaint with the IRS Office of Employee Plans based in Cincinnati on behalf of Resource Center.

"The plan is out of compliance," McDonnell said. "It's up to the IRS to decide what the next step is." ■

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#### FEBRUARY

• Feb. 14: Dannee Phann Productions presents **Second Saturday: Adore Delano!** RuPaul's Drag Race entertainers perform at 9 p.m. at the Brick & Joe's, 2525 Wycliff. Ticket prices from \$20-\$150. Tickets at Bit.ly/adoreatbrick.

• Feb. 14: LGBTQ SAVES Youth dance Valentine's dance for youth 7-10 p.m. at Agape MCC, 4615 E California Way, Forest Hill. For more information visit LGBTQsaves.weebly.com or e-mail LGBTQsaves@gmail.com.

• Feb. 14: **Dash for the Beads** Oak Cliff Mardi Gras-themed walk, run and festival benefits local area schools to help promote healthy eating and physical activity. 9:30 a.m. at Kidd Springs Park. Register online at Bit.ly/1tZOtv.

• Feb. 14: **QueerBomb Dallas' QueerBomb L.U.S.T. 2015: Queer Candy** 9 p.m.-2 a.m. at Texas Theatre, 231 W. Jefferson Blvd. \$10 donation. Bit.ly/lustparty.

• Feb. 15: **Mardi Gras Oak Cliff Parade** Bishop Arts District at 4 p.m.

• Feb. 15: **Mr & Miss Charity America's Red & Pink Ball** 6 p.m. at Club Reflection, 604 S. Jennings, Fort Worth. Benefits Home for the Holidays. Contact Linze Serrell at sablelindsey@aol.com.

• **Through Feb. 15: Bruce Wood: A Retrospective** A new exhibition celebrating the life and creative contributions of the renowned Fort Worth dancer, choreographer and creative genius at the Arlington Museum of Art, 201 W. Main St. Arlington., Tuesday-Saturday 10-5



## SPOTLIGHT:

### Learn and Lobby at the Lege

If you're interested in how the sausage is made during the 84th session of the Texas Legislature, you've got two rich opportunities to find out over the next week.

On Tuesday, Feb. 17, Equality Texas hosts the first of three themed lobbying days at the Texas Capitol this session. In partnership with the Texas Freedom Network, Equality Texas encourages LGBT and allied people of faith to spend the day in Austin learning about and lobbying for the bills that most impact the LGBT community, from 11 a.m.-4 p.m. The day begins with an informational session at First United Methodist Church of Austin Family Life Center, 1300 Lavaca St., before moving to the Capitol for lobbying.

Many local groups plan to caravan from the Dallas/Fort Worth area. Advance registration is required at EqualityTexas.org.

If you're not ready to meet with your legislators just yet, Resource Center has just the event for you. As part of its monthly Gray Pride Senior Moments series, Resource Center's communications and advocacy manager, Rafael McDonnell, will speak about the Texas Legislature from 6:30-8:30 p.m. Thursday, Feb. 19, at Resource Center, 2701 Reagan St.

For more information call 214-528-0144 or e-mail GrayPride@myresourcecenter.org.

It's a great way in an intimate setting to have access to McDonnell's insights, which might come in handy at Equality Texas' two other lobbying days on March 23 and April 13.



p.m. Sunday 1–5 p.m. Admission is \$8 for adults, \$5 for students and seniors. Children 12 and under are free. Call 817-275-4600 or email [ama@arlingtonmuseum.org](mailto:ama@arlingtonmuseum.org) for more information.

• **Feb. 17: JEWEL Lesbian Fiction Book Club**  
Monthly book club discusses *From the Hat Down* by Andi Marquette, who will be in attendance. 7–9 p.m. at ilume, 4123 Cedar Springs Road. Free. All women welcome. For more information e-mail [jewel@myresourcecenter.org](mailto:jewel@myresourcecenter.org).

• **Feb. 17: Equality Texas Faith Advocacy Day**  
Lobby legislators in Austin about issues facing LGBT people. First of three EQTX's lobbying days at the Capitol. Co-sponsored by the Texas Freedom Network. 11 a.m.–4 p.m. at First United Methodist Church of Austin Family Life Center, 1300 Lavaca St. Advanced registration required. Register at [EqualityTexas.org](http://EqualityTexas.org).

• **Feb. 18: DFW HRC Federal Club HRC 101 workshop**  
Learn more about the Human Rights Campaign's work and advocacy at an interactive learning session hosted by the local chapter of HRC. 6:30–8 p.m. at Corgan, 401 N. Houston. Free self-parking. Refreshments provided. Register at [Bit.ly/DFWHRC101](http://Bit.ly/DFWHRC101).

• **Feb. 18: GEAR Women's Rap Session**  
Peer group discusses topics relating to feminine gender identity and transitioning every third Wednesday of the month. 6–8 p.m. at Resource Center, 2701 Reagan St.

• **Feb. 19: Gray Pride "The Good, The Bad and the Ugly: Texas Legislature 2015"**  
Resource Center Communications and Advocacy Manager Rafael McDonnell takes a look at the Texas Legislature and legislation that could impact LGBT Texans. 6:30–8:30 p.m. at Resource Center, 2701 Reagan St. For more information call 214-528-0144 or e-mail [GrayPride@myresourcecenter.org](mailto:GrayPride@myresourcecenter.org).

• **Feb. 19: Urban Engagement Book Club: Tomlinson Hill by Chris Tomlinson**  
CitySquare's monthly Urban Engagement Book Club explores various social justice issues with writer Randy Mayeux and local social justice leaders. Free. Noon of every third Thursday at the Opportunity Center, 1610 S. Malcolm X Blvd. More information at [CitySquare.org](http://CitySquare.org).

• **Feb. 19: 15th Annual Diversity Employment Day Career Fair**  
The largest recruiting event for diversity and inclusion in the United States takes place 11 a.m.–3 p.m. at the Holiday Inn Conference Center North Dallas at Preston, 6055 Lyndon B Johnson Freeway. Open to the public. Business attire and resumes required. 18 years and old only. Pre-schedule interviews by identifying potential employers at [Citycareerfair.com](http://Citycareerfair.com) and

sending resumes to [fasttrack@citycareerfair.com](mailto:fasttrack@citycareerfair.com) with DALLAS in the subject line.

• **Feb. 20: Hope 4 Peace and justice's 2015 World Day of Social Justice: "I'm Queer and I Care"**  
Gather with local social justice activists at H4PJ's annual celebration of social justice at 5:30 p.m. at the Legacy of Love monument at the intersection of Cedar Springs and Oak Lawn. For more information contact Todd Whitley at 214-351-1901 or [todd@H4PJ.org](mailto:todd@H4PJ.org).

• **Feb. 21: Stonewall Democrats of Tarrant County Strategic Retreat**

• **Feb. 21: Gaybingo: Gilligan's Island**  
Monthly fundraiser for Resource Center takes place 6–9 p.m. at Rose Room at S4, 3911 Cedar Springs Rd. Doors open at 5 p.m. For more information call 214-540-4495 or e-mail [Gaybingo@myresourcecenter.org](mailto:Gaybingo@myresourcecenter.org).

• **Feb. 21: GEAR Voice Feminization Support Group**  
Monthly meeting to study and practice voice feminization training. Free, but seating is limited to 30. 2–4 p.m. at Resource Center, 2701 Reagan St. For more information call 214-528-0144 or e-mail [gear@myresourcecenter.org](mailto:gear@myresourcecenter.org).

• **Feb. 21: Chi Tau Epsilon Dance Honor Society Benefit Concert**  
Texas Christian University's Chi Tau Epsilon Dance Honor Society hosts their annual benefit concert for AIDS Outreach Center at 7:30 p.m. at Studio Theatre at Erma Lowe Hall, 3000 South University Dr., Fort Worth. Call 817-257-4255 for ticket information.

• **Feb. 21: Dallas-Fort Worth Gay for Good Volunteer Project**  
DFW Gay For Good's Habitat for Humanity volunteer project from 8:00 a.m.–2:30 p.m. at 2606 Wilhurl. Arrive between 7:45–8:00 a.m. Register at [Bit.ly/DFWG4G21](http://Bit.ly/DFWG4G21). Contact Rob Peters at [robpeters70@gmail.com](mailto:robpeters70@gmail.com) or 781-472-0745 for more information.

• **Feb. 21: Miss Gay Texas Pageant System's Miss Tri City State and State-at-Large Pageant**  
The system that promotes both female impersonation and community support holds a themed pageant and fundraiser to benefit AIDS Arms Life Walk. Categories include presentation, performance and more. Male interviews begin at 2 p.m. and show begins at 8 p.m. at Garlow's, 308 E. Main Street, Gun Barrel City. \$75 entry fee. Contact Sable Alexander at [sablelindsey@aol.com](mailto:sablelindsey@aol.com).

• **Feb. 21: Fit4Life Calendar Launch Party: Benefiting Dallas Red Foundation**  
Fit4Life 2015 calendar launch benefitting the Dallas Red Foundation and HIV/AIDS research 7–9 p.m. at ES Collection, 3926 Cedar Springs. Complimentary cocktails. More information at [On.fb.me/1zbd742](http://On.fb.me/1zbd742).

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## What is STRIBILD?

STRIBILD is a prescription medicine used to treat HIV-1 in adults who have never taken HIV-1 medicines before. It combines 4 medicines into 1 pill to be taken once a day with food. STRIBILD is a complete single-tablet regimen and should not be used with other HIV-1 medicines.

### **STRIBILD does not cure HIV-1 infection or AIDS.**

To control HIV-1 infection and decrease HIV-related illnesses you must keep taking STRIBILD. Ask your healthcare provider if you have questions about how to reduce the risk of passing HIV-1 to others. Always practice safer sex and use condoms to lower the chance of sexual contact with body fluids. Never reuse or share needles or other items that have body fluids on them.

## IMPORTANT SAFETY INFORMATION

### What is the most important information I should know about STRIBILD?

#### STRIBILD can cause serious side effects:

- **Build-up of an acid in your blood (lactic acidosis),** which is a serious medical emergency. Symptoms of lactic acidosis include feeling very weak or tired, unusual (not normal) muscle pain, trouble breathing, stomach pain with nausea or vomiting, feeling cold especially in your arms and legs, feeling dizzy or lightheaded, and/or a fast or irregular heartbeat.
- **Serious liver problems.** The liver may become large (hepatomegaly) and fatty (steatosis). Symptoms of liver problems include your skin or the white part of your eyes turns yellow (jaundice), dark “tea-colored” urine, light-colored bowel movements (stools), loss of appetite for several days or longer, nausea, and/or stomach pain.
- **You may be more likely to get lactic acidosis or serious liver problems** if you are female, very overweight (obese), or have been taking STRIBILD for a long time. In some cases, these serious conditions have led to death. Call your healthcare provider right away if you have any symptoms of these conditions.

- **Worsening of hepatitis B (HBV) infection.** If you also have HBV and stop taking STRIBILD, your hepatitis may suddenly get worse. Do not stop taking STRIBILD without first talking to your healthcare provider, as they will need to monitor your health. STRIBILD is not approved for the treatment of HBV.

## Who should not take STRIBILD?

### Do not take STRIBILD if you:

- **Take a medicine that contains:** alfuzosin, dihydroergotamine, ergotamine, methylethylergonovine, cisapride, lovastatin, simvastatin, pimozide, sildenafil when used for lung problems (Revatio®), triazolam, oral midazolam, rifampin or the herb St. John’s wort.
- **For a list of brand names for these medicines,** please see the Brief Summary on the following pages.
- **Take any other medicines to treat HIV-1 infection,** or the medicine adefovir (Hepsera®).

## What are the other possible side effects of STRIBILD?

### Serious side effects of STRIBILD may also include:

- **New or worse kidney problems, including kidney failure.** Your healthcare provider should do regular blood and urine tests to check your kidneys before and during treatment with STRIBILD. If you develop kidney problems, your healthcare provider may tell you to stop taking STRIBILD.
- **Bone problems,** including bone pain or bones getting soft or thin, which may lead to fractures. Your healthcare provider may do tests to check your bones.
- **Changes in body fat** can happen in people taking HIV-1 medicines.
- **Changes in your immune system.** Your immune system may get stronger and begin to fight infections. Tell your healthcare provider if you have any new symptoms after you start taking STRIBILD.

**The most common side effects** of STRIBILD include nausea and diarrhea. Tell your healthcare provider if you have any side effects that bother you or don’t go away.

## What should I tell my healthcare provider before taking STRIBILD?

- **All your health problems.** Be sure to tell your healthcare provider if you have or had any kidney, bone, or liver problems, including hepatitis virus infection.
- **All the medicines you take,** including prescription and nonprescription medicines, vitamins, and herbal supplements. STRIBILD may affect the way other medicines work, and other medicines may affect how STRIBILD works. Keep a list of all your medicines and show it to your healthcare provider and pharmacist. Do not start any new medicines while taking STRIBILD without first talking with your healthcare provider.
- **If you take hormone-based birth control** (pills, patches, rings, shots, etc).
- **If you take antacids.** Take antacids at least 2 hours before or after you take STRIBILD.
- **If you are pregnant** or plan to become pregnant. It is not known if STRIBILD can harm your unborn baby. Tell your healthcare provider if you become pregnant while taking STRIBILD.
- **If you are breastfeeding** (nursing) or plan to breast-feed. Do not breastfeed. HIV-1 can be passed to the baby in breast milk. Also, some medicines in STRIBILD can pass into breast milk, and it is not known if this can harm the baby.

**You are encouraged to report negative side effects of prescription drugs to the FDA. Visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch), or call 1-800-FDA-1088.**

Please see Brief Summary of full Prescribing Information with **important warnings** on the following pages.



STRIBILD is a prescription medicine used as a complete single-tablet regimen to treat HIV-1 in adults who have never taken HIV-1 medicines before. STRIBILD does not cure HIV-1 or AIDS.

## I started my personal revolution

Talk to your healthcare provider about starting treatment.

**STRIBILD** is a complete HIV-1 treatment in **1 pill**, once a day.

Ask if it's right for you.

**STRIBILD**<sup>®</sup> 

elvitegravir 150mg/ cobicistat 150mg/ emtricitabine 200mg/ tenofovir disoproxil fumarate 300mg tablets

 GILEAD

## Patient Information

### STRIBILD® (STRY-bild)

(elvitegravir 150 mg/cobicistat 150 mg/emtricitabine 200 mg/tenofovir disoproxil fumarate 300 mg) tablets

Brief summary of full Prescribing Information. For more information, please see the full Prescribing Information, including Patient Information.

#### What is STRIBILD?

- **STRIBILD is a prescription medicine used to treat HIV-1 in adults who have never taken HIV-1 medicines before.** STRIBILD is a complete regimen and should not be used with other HIV-1 medicines.
- **STRIBILD does not cure HIV-1 or AIDS.** You must stay on continuous HIV-1 therapy to control HIV-1 infection and decrease HIV-related illnesses.
- **Ask your healthcare provider about how to prevent passing HIV-1 to others.** Do not share or reuse needles, injection equipment, or personal items that can have blood or body fluids on them. Do not have sex without protection. Always practice safer sex by using a latex or polyurethane condom to lower the chance of sexual contact with semen, vaginal secretions, or blood.

#### What is the most important information I should know about STRIBILD?

##### STRIBILD can cause serious side effects, including:

**1. Build-up of lactic acid in your blood (lactic acidosis).** Lactic acidosis can happen in some people who take STRIBILD or similar (nucleoside analogs) medicines. Lactic acidosis is a serious medical emergency that can lead to death. Lactic acidosis can be hard to identify early, because the symptoms could seem like symptoms of other health problems. **Call your healthcare provider right away if you get any of the following symptoms which could be signs of lactic acidosis:**

- feel very weak or tired
- have unusual (not normal) muscle pain
- have trouble breathing
- have stomach pain with nausea or vomiting
- feel cold, especially in your arms and legs
- feel dizzy or lightheaded
- have a fast or irregular heartbeat

**2. Severe liver problems.** Severe liver problems can happen in people who take STRIBILD. In some cases, these liver problems can lead to death. Your liver may become large (hepatomegaly) and you may develop fat in your liver (steatosis).

**Call your healthcare provider right away if you get any of the following symptoms of liver problems:**

- your skin or the white part of your eyes turns yellow (jaundice)
- dark “tea-colored” urine
- light-colored bowel movements (stools)
- loss of appetite for several days or longer
- nausea
- stomach pain

**You may be more likely to get lactic acidosis or severe liver problems if you are female, very overweight (obese), or have been taking STRIBILD for a long time.**

**3. Worsening of Hepatitis B infection.** If you have hepatitis B virus (HBV) infection and take STRIBILD, your HBV may get worse (flare-up) if you stop taking STRIBILD. A “flare-up” is when your HBV infection suddenly returns in a worse way than before.

- Do not run out of STRIBILD. Refill your prescription or talk to your healthcare provider before your STRIBILD is all gone
- Do not stop taking STRIBILD without first talking to your healthcare provider
- If you stop taking STRIBILD, your healthcare provider will need to check your health often and do blood tests regularly for several months to check your HBV infection. Tell your healthcare provider about any new or unusual symptoms you may have after you stop taking STRIBILD

#### Who should not take STRIBILD?

##### Do not take STRIBILD if you also take a medicine that contains:

- adefovir (Hepsera®)
- alfuzosin hydrochloride (Uroxatral®)
- cisapride (Propulsid®, Propulsid Quicksolv®)
- ergot-containing medicines, including: dihydroergotamine mesylate (D.H.E. 45®, Migranal®), ergotamine tartrate (Cafergot®, Migergot®, Ergostat®, Medihaler Ergotamine®, Wigraine®, Wigrettes®), and methylergonovine maleate (Ergotrate®, Methergine®)
- lovastatin (Advicor®, Altoprev®, Mevacor®)
- oral midazolam
- pimozide (Orap®)
- rifampin (Rifadin®, Rifamate®, Rifater®, Rimactane®)
- sildenafil (Revatio®), when used for treating lung problems
- simvastatin (Simcor®, Vytorin®, Zocor®)
- triazolam (Halcion®)
- the herb St. John’s wort

##### Do not take STRIBILD if you also take any other HIV-1 medicines, including:

- Other medicines that contain tenofovir (Atripla®, Complera®, Viread®, Truvada®)
- Other medicines that contain emtricitabine, lamivudine, or ritonavir (Atripla®, Combivir®, Complera®, Emtriva®, EpiVir® or EpiVir-HBV®, Epzicom®, Kaletra®, Norvir®, Trizivir®, Truvada®)

**STRIBILD is not for use in people who are less than 18 years old.**

#### What are the possible side effects of STRIBILD?

##### STRIBILD may cause the following serious side effects:

- **See “What is the most important information I should know about STRIBILD?”**
- **New or worse kidney problems, including kidney failure.** Your healthcare provider should do blood and urine tests to check your kidneys before you start and while you are taking STRIBILD. Your healthcare provider may tell you to stop taking STRIBILD if you develop new or worse kidney problems.
- **Bone problems** can happen in some people who take STRIBILD. Bone problems include bone pain, softening or thinning (which may lead to fractures). Your healthcare provider may need to do tests to check your bones.
- **Changes in body fat** can happen in people who take HIV-1 medicine. These changes may include increased amount of fat in the upper back and neck (“buffalo hump”), breast, and around the middle of your body (trunk). Loss of fat from the legs, arms and face may also happen. The exact cause and long-term health effects of these conditions are not known.
- **Changes in your immune system** (Immune Reconstitution Syndrome) can happen when you start taking HIV-1 medicines. Your immune system may get stronger and begin to fight infections that have been hidden in your body for a long time. Tell your healthcare provider right away if you start having any new symptoms after starting your HIV-1 medicine.

**The most common side effects of STRIBILD include:**

- Nausea
- Diarrhea

**Tell your healthcare provider if you have any side effect that bothers you or that does not go away.**

- These are not all the possible side effects of STRIBILD. For more information, ask your healthcare provider.
- Call your healthcare provider for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

**What should I tell my healthcare provider before taking STRIBILD?****Tell your healthcare provider about all your medical conditions, including:**

- If you have or had any kidney, bone, or liver problems, including hepatitis B infection
- If you are pregnant or plan to become pregnant. It is not known if STRIBILD can harm your unborn baby. Tell your healthcare provider if you become pregnant while taking STRIBILD.
  - There is a pregnancy registry for women who take antiviral medicines during pregnancy. The purpose of this registry is to collect information about the health of you and your baby. Talk with your healthcare provider about how you can take part in this registry.
- If you are breastfeeding (nursing) or plan to breastfeed. Do not breastfeed if you take STRIBILD.
  - You should not breastfeed if you have HIV-1 because of the risk of passing HIV-1 to your baby.
  - Two of the medicines in STRIBILD can pass to your baby in your breast milk. It is not known if the other medicines in STRIBILD can pass into your breast milk.
  - Talk with your healthcare provider about the best way to feed your baby.

**Tell your healthcare provider about all the medicines you take, including prescription and nonprescription medicines, vitamins, and herbal supplements:**

- STRIBILD may affect the way other medicines work, and other medicines may affect how STRIBILD works.
- Be sure to tell your healthcare provider if you take any of the following medicines:
  - Hormone-based birth control (pills, patches, rings, shots, etc)
  - Antacid medicines that contain aluminum, magnesium hydroxide, or calcium carbonate. Take antacids at least 2 hours before or after you take STRIBILD
  - Medicines to treat depression, organ transplant rejection, or high blood pressure
  - amiodarone (Cordarone<sup>®</sup>, Pacerone<sup>®</sup>)
  - atorvastatin (Lipitor<sup>®</sup>, Caduet<sup>®</sup>)
  - bepridil hydrochloride (Vasacor<sup>®</sup>, Bepadin<sup>®</sup>)
  - bosentan (Tracleer<sup>®</sup>)
  - buspirone
  - carbamazepine (Carbatrol<sup>®</sup>, Eptol<sup>®</sup>, Equetro<sup>®</sup>, Tegretol<sup>®</sup>)
  - clarithromycin (Biaxin<sup>®</sup>, Prevpac<sup>®</sup>)
  - clonazepam (Klonopin<sup>®</sup>)
  - clorazepate (Gen-xene<sup>®</sup>, Tranxene<sup>®</sup>)
  - colchicine (Colcrys<sup>®</sup>)
  - medicines that contain dexamethasone
  - diazepam (Valium<sup>®</sup>)
  - digoxin (Lanoxin<sup>®</sup>)
  - disopyramide (Norpace<sup>®</sup>)
  - estazolam
  - ethosuximide (Zarontin<sup>®</sup>)

- flecainide (Tambocor<sup>®</sup>)
- flurazepam
- fluticasone (Flovent<sup>®</sup>, Flonase<sup>®</sup>, Flovent<sup>®</sup> Diskus<sup>®</sup>, Flovent<sup>®</sup> HFA, Veramyst<sup>®</sup>)
- itraconazole (Sporanox<sup>®</sup>)
- ketoconazole (Nizoral<sup>®</sup>)
- lidocaine (Xylocaine<sup>®</sup>)
- mexiletine
- oxcarbazepine (Trileptal<sup>®</sup>)
- perphenazine
- phenobarbital (Luminal<sup>®</sup>)
- phenytoin (Dilantin<sup>®</sup>, Phenytek<sup>®</sup>)
- propafenone (Rythmol<sup>®</sup>)
- quinidine (Neudexta<sup>®</sup>)
- rifabutin (Mycobutin<sup>®</sup>)
- rifapentine (Priftin<sup>®</sup>)
- risperidone (Risperdal<sup>®</sup>, Risperdal Consta<sup>®</sup>)
- salmeterol (Serevent<sup>®</sup>) or salmeterol when taken in combination with fluticasone (Advair Diskus<sup>®</sup>, Advair HFA<sup>®</sup>)
- sildenafil (Viagra<sup>®</sup>), tadalafil (Cialis<sup>®</sup>) or vardenafil (Levitra<sup>®</sup>, Staxyn<sup>®</sup>), for the treatment of erectile dysfunction (ED). If you get dizzy or faint (low blood pressure), have vision changes or have an erection that last longer than 4 hours, call your healthcare provider or get medical help right away.
- tadalafil (Adcirca<sup>®</sup>), for the treatment of pulmonary arterial hypertension
- telithromycin (Ketek<sup>®</sup>)
- thioridazine
- voriconazole (Vfend<sup>®</sup>)
- warfarin (Coumadin<sup>®</sup>, Jantoven<sup>®</sup>)
- zolpidem (Ambien<sup>®</sup>, Edlular<sup>®</sup>, Intermezzo<sup>®</sup>, Zolpimist<sup>®</sup>)

**Know the medicines you take.** Keep a list of all your medicines and show it to your healthcare provider and pharmacist when you get a new medicine. Do not start any new medicines while you are taking STRIBILD without first talking with your healthcare provider.

**Keep STRIBILD and all medicines out of reach of children.**

This Brief Summary summarizes the most important information about STRIBILD. If you would like more information, talk with your healthcare provider. You can also ask your healthcare provider or pharmacist for information about STRIBILD that is written for health professionals, or call 1-800-445-3235 or go to [www.STRIBILD.com](http://www.STRIBILD.com).

Issued: October 2013



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# Shocking discovery: Everyone just pees.

And sometimes updates  
a Facebook status

**M**y first Creating Change Conference — held Feb. 5-8 in Denver — was quite an experience. A definite bucket list check-off in my new life as an activist, Creating Change provided a wealth of experience, insight and access to LGBTQ leaders and strategies.

Among other firsts, Creating Change at the Sheraton Hotel in Denver was my first experience with widespread use of gender-neutral bathrooms. Signs outside every bathroom throughout all the spaces in the hotel occupied by the conference and its 4,000-plus attendees were replaced with “Gender Neutral” signage. There were no separate facilities for men and women but lots of facilities for everyone.



**Todd Whitley**  
Contributing Columnist

Gender-neutral bathrooms ensure that everyone, particularly transgender people, feels comfortable and safe going to the bathroom. The fact of the matter is this: In some places it's illegal for someone to choose the bathroom that matches.

In many places it's simply unsafe.

I'm not ashamed to say this was something I was not at all used to, and the first time I had to go, I sought out the gender-segregated bathroom near the hotel registration area.

For some reason, going to the restroom with

women somehow seemed awkward, even though the bathrooms in my home have always been gender neutral, as well as those in public businesses with only one or two small bathroom facilities.

I think part of it, too, was that I was horrified that women would have to endure the poor manners of many men who use the bathroom. (If you've ever encountered a toilet seat that looks like a water sprinkler went off, you know what I'm talking about.)

But after that initial time, I gave it a shot. And by my second or third time, it was no big deal — although I would still occasionally feel a slight shock seeing a woman in the bathroom, afraid I'd gone into the wrong one.

I did not go so far as to use a urinal. But many people were just fine with doing so. Despite any minor discomfort I experienced, I could only imagine what a relief these kinds of spaces are to transgender people or people who have their gender expression questioned by other bathroom-goers.

I've heard countless stories of lesbian friends who are confronted by people making indignant assumptions about that individual's gender and asking them to leave. And for transgender women and men, using the bathroom can actually be a terrifying experience.

With these stories in mind, any momentary pause I might have had about using mixed-gender facilities dissipated rather quickly.

So, what did I learn? Get ready; this may be shocking:

People go to the bathroom to use it the facilities, update their social media status and check email (you know you do it too!), wash their hands, check their hair and then ...

Then they walk out.

That's it.

No lack of privacy. At Creating Change, there were 4,000 people and no incidences of harassment, deviant crime, malicious activity or predators.

And, judging by the overall cleanliness of the facilities, I have a hunch that the knowledge women were also using the facilities made men behave a little better — or maybe it's just that LGBTQ activists have above-average bathroom manners.

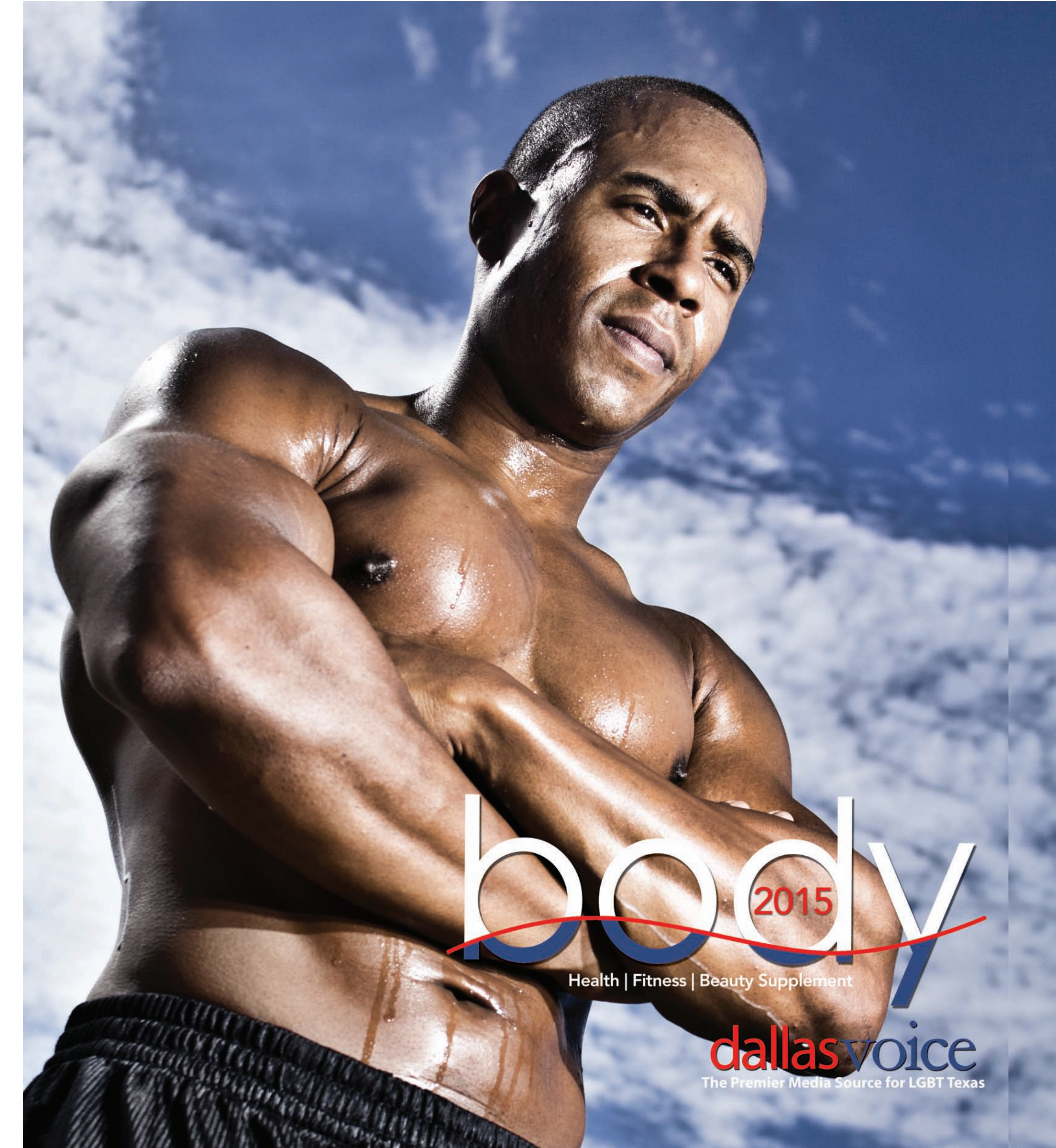
The practice of gender-neutral bathrooms is a great example for our society to consider. It might take some getting used to, but for me, if the practice takes away the fear many people experience around having to face the bathroom police, it's well worth it.

After all, we just need to pee.

Todd Whitley is a local activist and communications manager for Equality Texas. He can usually be found tweeting (@toddwhitley), holding a picket sign, thrift store shopping or eating Tex-Mex. Read his blog at [tdub68.wordpress.com](http://tdub68.wordpress.com).



**EXCLUSIVE PHOTO OF THE VERY MOMENT TMZ EXECS PAID PAPARAZZI FOR PHOTOS OF THE FATAL AUTO ACCIDENT INVOLVING BRUCE JENNER**



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# Werk it!

There's more than one way to get into shape

**T**here's no *one* way to exercise in order to achieve your fitness goals. We asked three different folks with different backgrounds, ages and body types to explain what the benefits of their regimens are — from yoga to CrossFit to P90 — and this is what they said.  
— Arnold Wayne Jones

**Name and age:** Carrie Breckenridge, 37.

**Exercise regimen:** Bikram yoga (Bikram Yoga North Texas, Grapevine)

**What was your motivation for starting up the regimen when you did?** I wanted to get rid of the post-baby "lack-of-tone" I had going on.

**Before you started your regimen, what was your fitness level?** Before starting back with yoga, I had just had a baby — Charlotte, now 15 months. I am not one to get right back into the swing of things after having a baby — I would rather take the time needed to care for her. I initially started yoga in 2003 and fell in love with it. However, once I became pregnant with my first kiddo I stopped practicing (while pregnant) and then picked back up a few months after he was born. I was rather inconsistent and then I got pregnant with Charlotte and again stopped.

I was nursing, so my workout had to be well-thought-out before I jumped back into the hot yoga room. I ran a few times a week, but nothing consistent. My usual time was about 20 minutes and would go 2.0–2.7 miles, depending on the wind. However, running doesn't get rid of my stomach area. I knew I needed to tone that area through yoga. I just started back at the Bikram yoga studio, which is a 90-minute long session.

**What was your goal?** To lose the rest of the flab I had on my stomach area and to get the other benefits from yoga. Taking 90 minutes for yourself, as a working mom, is tough. So if I can get in there three days a week, I am doing my body good! I also wanted to tone my arms, legs and butt.

**When did you start this regimen?** Dec. 15, 2014.

**Are you still practicing it?** I am.

**Why did you choose Bikram yoga?** I knew the benefits of yoga because I am certified to teach it. I knew that I would be able to get my pre-baby body back because I did it after my son Logan was born. I was in the studio much sooner after my first baby, however; this time I nursed longer and that is what was really important to me — to feed Charlotte vs. losing the weight quickly.

**Did you achieve your goals? What were they?** I did — I am a perfectionist, so I would really like to have my size 2, pre-baby body, but I feel much better than I did pre-yoga.

**What have been the upsides — or downsides — of exercise?** I have much more energy, require less sleep and don't crave bad food; however, I have issues staying hydrated, so I will get lots of headaches when I first start out from lack of hydration.

**Have people noticed your achievements?** People in the yoga room have noticed, but I don't walk around half-naked outside of the studio, so people in my day-to-day life haven't really noticed yet.

**Was there a dietary/nutritional component?** Fluid intake increased, less alcohol and I tried to eat healthy. I am a fairly healthy eater usually, so this wasn't that much of a hardship.

**How do you plan to keep your current fitness level?** I plan to keep going until I go through my next IVF [in-vitro fertilization] cycle and then I will start back up after I have *that* baby. The best way to do that is to buy a package that expires. I don't like to waste money, so I buy it knowing I will go!

**Name and age:** Dennis Yslas, 51.

**Exercise regimens:** PiYo (a combination of Pilates and yoga), P90 (the restructured and non-extreme version of P90X) and presently doing Insanity MAX:30 — all Team Beachbody programs so I do them at home with a DVD. I also run.

**What was your motivation for starting up the regimen when you did?** When I turned 50 in 2013, I felt I needed a way to get healthier and prepare me for something I had committed to doing: 12 half-marathons in 12 month period.

**Before you started, what was your fitness level?** At 50 I was right under 200 lbs., which for a guy standing at 5-foot-8 can look unhealthy. I was running but not fast and my clothes were fitting more than snugly.

**What was your fitness goal?** The main focus was to help my joints — that's why I tried PiYo first. I have always had bad knees and they were only getting worse as a runner. I needed a *no-* to *low-*impact workout that I could do to strengthen my joints. After two weeks on the program, my total runtime for a half-marathon went down by 10 minutes and I felt no joint pain after running. I did that for 60 days, then I went into P90 for 90 days. I'm now doing a modified version of the new Shaun T workout, Insanity MAX:30. Since July 2014, I've lost a total of 15 lbs. That may not seem like a whole bunch, but my body is better defined now, which means I'm building muscle.

**When did you start?** July 2014

**How long was it?** PiYo, 60 days; P90, 90 days; MAX:30, 60 days when I finish.

**What was the routine like?** I don't like workouts that take an hour! All of these programs start at 30 minutes a day or less (as you progress they get longer). They all have a rest day, which I need. They all have a warmup of a few minutes and then a cooldown after. I am a morning person, so I do my workouts then.

**Did you have a workout partner?** I run accountability groups on Facebook, which helps a group of us stay on track. The trainers on the videos are *very* knowledgeable and pretty motivating! I love having the accountability with people from across the country! Having someone or a group of people to be accountable to is vital!

■ P90 Page 29



Dennis Yslas, top, Carrie Breckenridge, below (with daughter Charlotte) and Takeshi Fujii, opposite, all took different routes to achieve their fitness goals.

Photography by Arnold Wayne Jones



**Name and age:** Takeshi Fujii, 39.

**Exercise regimen:** CrossFit.

**What was your motivation for starting up the regimen when you did?** I had a friend who was doing CrossFit and I wanted to try it myself.

**Before you started your regimen, what was your fitness level?** I was exercising regularly, including swimming, running, weight training and yoga. I was also certified group fitness instructor and personal trainer. I was curious about CrossFit since I heard about it in the fitness field, but had never tried it. After starting CrossFit, I realized all the workout I had done for myself up to that point was not as intense and functional as I thought. It took some getting used to, ranging from running sprints to pull-ups. I have been a part of CrossFit community for two years now and I became a coach as well.

**When did you start?** January 2013.

**What are the benefits of CrossFit?** In general, CrossFit can be anything you want it to be. If you want to lose weight, it can help; if you want to enhance your athletic performance, it can help you; if you want to move better in your daily life, CrossFit can definitely help you. CrossFit is not just a workout — I feel it is a community of people who are interested in making themselves better in terms of their wellness.

**Did you have any goals when you took it up?** I didn't necessarily have a goal when I started CrossFit, though I ended up losing some weight, gaining strength, speed and endurance, along with the coordination and agility required for CrossFit workout. At the beginning, I was just trying to get through the workout as much as I could. As I got better at skills (such as pull-ups and Olympic lifting techniques), I tried to improve my speed, strength and endurance.

**Describe what the regimen entails:**

CrossFit is constantly varied, functional and high-intensity movement. It includes running (long & short distance), rowing, jumping rope, Olympic lifting, weightlifting and body-weight exercises (such as push-ups and squat), depending on the day. CrossFit's Workout of the Day (WOD) is always different from previous days so that your body is not getting used to one specific way of training. A typical CrossFit class is one hour including

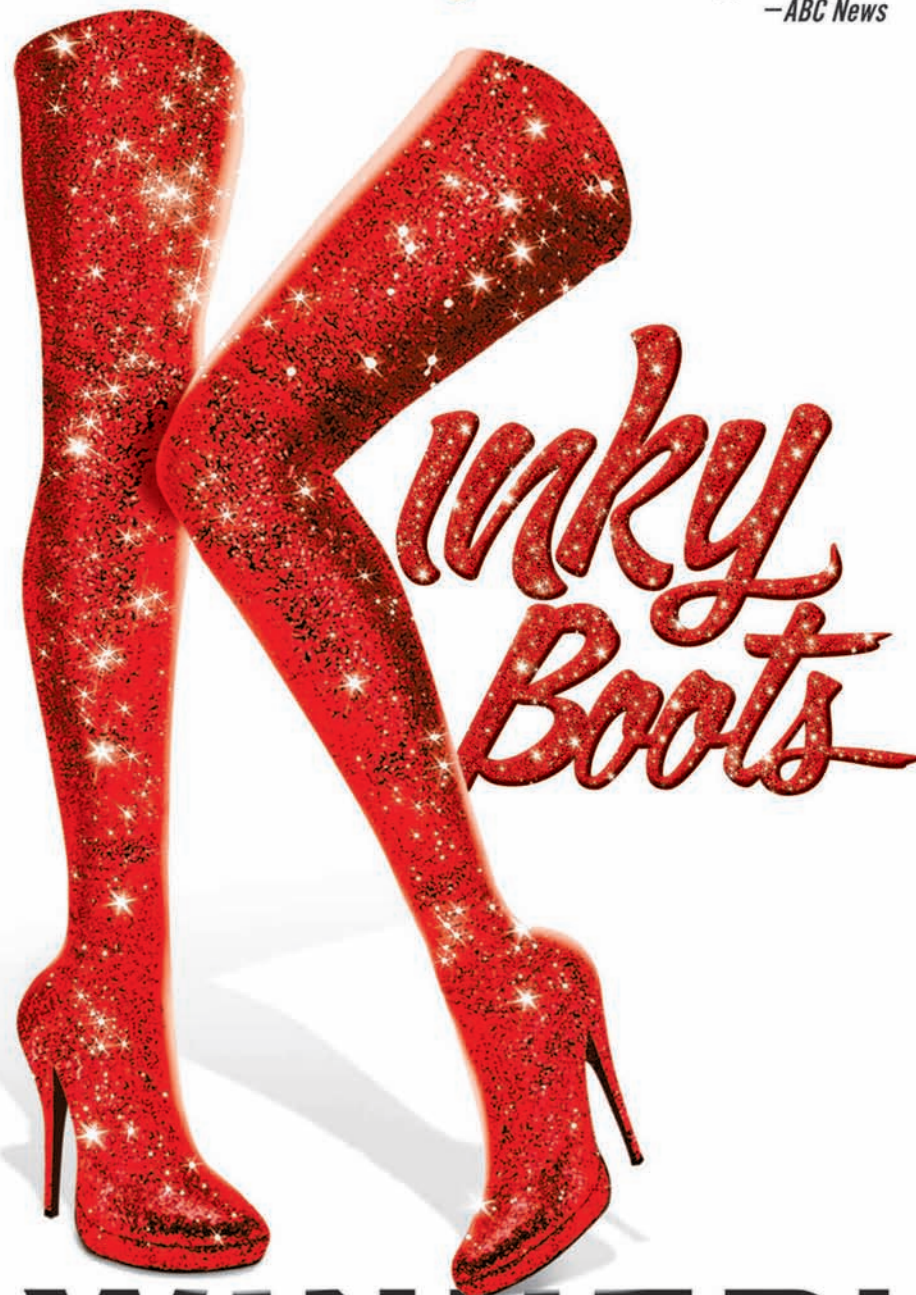
warm-up, skill session, WOD and cool down.

**Is there a diet component?** It's not necessarily required, however, as with any exercise regimen, good nutritional intake is a part of improving your health.

**What kind of reaction have you received?** I have received not only compliments on my appearance, but people also noticed a more positive outlook in everyday life.

Fujii coaches CrossFit at Lake Highlands Strength and Conditioning, 9850 Walnut Hill Lane, Suite 405. [CrossFitLakeHighlands.com](http://CrossFitLakeHighlands.com).

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# All about the taste

Will out dietician Daniel Magoon spread the gospel of healthy eating? In a Snap



ARNOLD WAYNE JONES | Executive Editor

Health food store: The words alone can trigger sense-memories of dry rice cakes, bitter green drinks and flavorless chicken. But for Daniel Magoon, a registered dietician, “health food” conjures something completely different: fluffy crepes, spicy deviled eggs and creamy cheese-cake.

“I have the best job in the world,” Magoon smiles. “I get to talk about food all day long.” Magoon works for Snap Kitchen, a five-year-

old concept out of Austin that, in the past six months, has made inroads into Dallas. Part grocery store, part restaurant, Snap serves pre-packaged meals for the health conscious ... whatever one’s own dietary considerations might be. Best of all? Everything tastes good.

“How many times have you had ‘healthy food’ that tasted just awful?” Magoon says. “Well, our food really speaks for itself once you try it.” He credits the company’s executive chef for elevating the flavors to a new level with risky recipes that find creative ways to provide a qual-

The meals at Snap Kitchen are all color-coded, but it’s what’s inside that gets dietician Daniel Magoon excited. Photography by Arnold Wayne Jones

ity food experience.

Take, for instance, the humble deviled egg mentioned above: Usually the egg is hard-boiled with the protein-rich albumen sliced in half and the cholesterol-filled yolk combined with the likes of mayonnaise and slathered back into the divot. At Snap, they discard the yolk and replace it with hummus. There's still a generous dusting of paprika, garlic and even jalapeno for a spicy-but-calorie-aware snack. (One of the 'grab-n-go' packs contains only about 100 calories, and only about one-third from fat.)

Healthy living has been a passion of Magoon's for years. He first started working for Snap Kitchen in 2011 while studying nutrition at the University of Texas. After he obtained his dietitian certification, corporate asked him if he'd like to move to Dallas to help spread the gospel of Snap. He quickly jumped at the chance, moving here last August just as the first stores were opening.

"It's interesting to talk to people who are really centered in their lifestyles — paleo with its meats and fats, vegans which are all plant-based — and see how we can help. None of them are wrong," but Snap Kitchen specializes in a middle-ground approach, Magoon explains: Each item is clearly marked as paleo ("like going back to what our ancestors ate — as natural as possible," Magoon explains), gluten free ("we're already 99 percent there"), low-sodium, low-fat, low-carb, non-dairy, vegetarian. And there's not a trace of white flour or butter within 50 feet of the cash register.

"It's realistic eating," he explains. "Paleo, for instance, has a lot of rules, which some people really need." But Snap Kitchen makes it easy to break the rules a little and still eat well.

Although loath to choose personal favorites, Magoon will list off a few delights on the menu when pressed. "My favorite is probably the turkey chili — it's one of those thunderstorm-night meals when you crave a bowl of it and it gives you a big food hug," he says. He's also amazed by the chicken green chile enchiladas — where you can find those fluffy crepes. The 'tortillas' are made of coconut flour and eggs, which make them light, while cashews and almond milk satisfy the fattiness that cheese would convey, and the poblano [salsa] keeps it in your mouth longer so you can savor the flavors longer." (He's not lying — the enchiladas are delicious ... and surprisingly filling and only 430 calories, about one-third from fat.)

"I follow primarily a pescaterian diet, because I really love cheese and scallops," Magoon grins. "But I have red meat every so often so that I don't get sick when I do eat it." Among the items available through Snap he enjoys? Bison quinoa hash ("I think we'd have to close our stores if we ever took that off the menu — it has such a following," he says), beef burgundy and a bison burger with a fried egg on top.

If a fried egg doesn't sound nutritious, you haven't had it the way Snap prepares it. The menu focuses on portion control as well as a balance of calories, fats, proteins and carbs.

"Our lunch items have more carbs, because you need energy throughout the day," Magoon says. "For dinner, there's more of an emphasis on protein, because you want to rebuild your muscle [as you sleep]."

The items are all even color-coded for easy use: orange for small sizes, green for medium or lunch portions and black, which are typically large or dinner-sized. Snap Kitchen can even prepare a 21-day program for you consisting of breakfast, lunch, dinner and two snacks — a.m. and p.m., in 1,200-, 1,500- or 1,800-calorie options.

"A lot of people start out at 1,500 because they think they can't survive on fewer calories, then they move down when they realize how filling the meals are," he says. Magoon also can help design a specific program for customers who want to eat better.

Sometimes, though, healthy eating is just about common sense.

"Sometime people will tell me, 'I really craved sweets so I had some,'" he says. "I will say, 'Well, what could your body be telling you about that? If you were craving Starbursts, maybe your body wanted vitamin C, and you should eat an orange instead.'"

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**Club Dallas** — Exclusively serving gay men for more than 30 years, this institution actually has one of the largest gyms in the city, and is open 24 hours, 365 days a year. 2616 Swiss Ave., 214-821-1990, The-Clubs.com.

**Diesel Fitness** — Located on the third floor of the Centrum, it's right in the heart of the gayborhood. 3102 Oak Lawn Ave., Suite 300, 214-219-6400, DieselFitness214.com.

**Dedman Center for Lifetime Sports** — Located on the SMU campus, it offers wall climbing, weight room, 1/7 mile indoor track, swimming, racquetball courts and aerobic dance rooms. 6000 Bush Ave. 214-768-3374.

**Energy Fitness** — This West Village gym has a reputation for affordable memberships and solid service. 2901 Cityplace West Blvd., Suite 100, UptownEnergyFitness.com.

**Equinox** — This national gym offers a full range of fitness services. 4023 Oak Lawn Ave., Equinox.com.

**Gold's Gym** — Locations are throughout the city, but the one in Uptown serves a fit, very gay customer base. 2425 McKinney Ave., 214-306-9000, GoldsGym.com.

**King Spa & Sauna** — Open 24/7, clients can partake in detoxifying, anti-inflammatory, depuration and ski rejuvenation saunas. 2154 Royal Lane, KingSpa.com.

**LA Fitness** — The one on Lemmon and a Signature on Haskell are popular with gay clientele. 4540 W. Mockingbird Lane and 2690 N. Haskell Ave., LAFitness.com.

**Sunstone Yoga** — With 13 locations locally, the Uptown one remains very popular with eight different types of yoga practices. 2907 Routh St., SunstoneYoga.com.

**Trophy Fitness Club** — Among the five locations are one in the Downtown Mosaic and in one Uptown. 300 N. Akard St. and 2812 Vine St., Suite 300, TrophyFitnessClub.com.

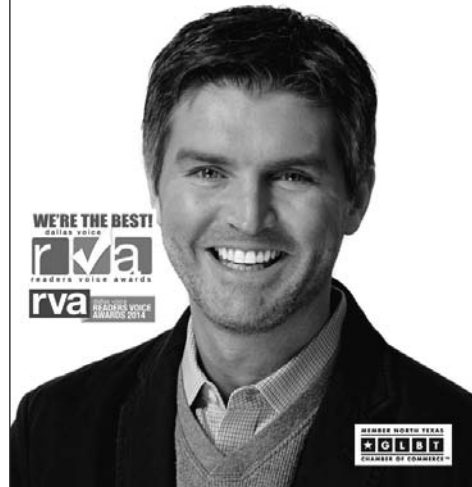
**24 Hour Fitness** — Popular locations include Downtown and at Mockingbird and Greenville. 700 N. Harwood St. and 5706 E. Mockingbird Lane, 24HourFitness.com.

**YMCA Downtown** — In the heart of Downtown, this location offers amenities from groups workouts to personal trainers, handball, basketball, swimming pool and more. 601 N. Akard St., 214-954-0500, YMCADallas.org.

**Yoga & Sync Wellbeing** — This yoga fitness studio in Bishop Arts offers a variety of classes and workshops, as well as massage. 611 N. Bishop Ave., SyncDallas.com.

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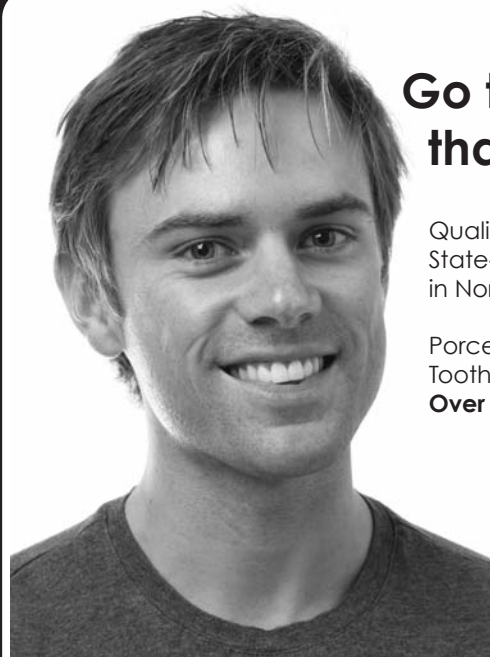


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# Heart body & soul

At 40, fitness junkie Robert Elorduy followed his dream to help people in a new way



J. DENTON BRICKER | Contributing Writer

For many years, Robert Elorduy has been pre-occupied with fitness. He worked part-time as a personal trainer while also studying massage therapy. He wanted to combine two symbiotic

Personal trainer Robert Elorduy feels he was destined to spread wellness at his Vigor studio — the space he rents once housed the original Dallas Buyers Club. Photography by Arnold Wayne Jones

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Well, it was. Elorduy quit his job as a probation officer with the Dallas County Juvenile Department to chase his dream.

"It was always my idea to be financially independent while doing something that I really enjoy," he says. "I'm still helping people — not so much in a social work kind of way, but if I can help them with their problems while working out or — if I can at least help them to let go of that stress — it's even better. Stress can affect your ability to burn fat."

Last summer, Elorduy stumbled onto a building on Swiss Avenue with a "for lease" sign that fit his needs perfectly. He took the plunge: Elorduy signed a lease, worked with designers to renovate the space and opened Vigor Massage and Personal Training. There are two intimate yet separate workout areas full of weight equipment in the front half of the building with a jamming sound system. The back half spa part of the building offers a full shower, bathroom, a two-person infrared sauna and two massage rooms with floating cabinets, trickling water and gentle music. Elorduy lives in the back of the building in a cute split-level apartment connected to the spa.

It was only after he was committed to the space that Elorduy made a startling, serendipitous discovery: His building at 3102 Swiss Ave. used to be home to the original Dallas Buyers Club. That invigorated Elorduy's relentless drive even more.

"I asked my landlord and he confirmed — he said Ron Woodroof was a nice man and always paid his rent," Elorduy smiles. "Apparently, my apartment used to be set up as a warehouse for the meds. This was a place of healing, a place where Woodroof tried to prolong their lives. Having my business here is of great significance to me because I am also able to prolong people's lives with health through resistance training and touch through massage. Ever since that point I feel that I belong here."

While the majority of his clients are gay men, Vigor is open to all clients — whether they want to workout with Elorduy or bring a buddy.

"Many feel more comfortable working out in a private gym. Some people don't really know what to do in a gym and some just prefer the pri-

vacuity," he says. "When you can hear people talking at larger gyms, I know that if I am distracted by that my client is also most likely distracted."

When Elorduy turned 40 last year, he decided that his body would be in the best shape of his life not only for his own personal achievement but to prove the goal is reachable at any age.

"Cardio alone is not going to keep fat off," he says. "You have to incorporate resistance training into your workout whether it be bodyweight or lifting weights otherwise once you stop eating a low carb diet the fat will return."

Elorduy recommends 12 sets for the larger muscle groups (back, chest, legs) and six to eight sets for smaller muscle groups (biceps, triceps) with sets of abs and calves in between. He also describes nutrition as one of the most important parts of the process when really wanting to develop and transform the body.

"When doing a strenuous workout you use energy from fat stores, liver stores, and muscles stores, especially when resistance training is involved," he says. "You want to allow muscle to rebuild itself and the only way to do that is to put all of that energy back into the body, via protein and carbs [simple sugars]. If you can't eat it, drink it."

Though he highly recommends post-workout protein supplemental shakes he does not recommend steroids or other dangerous substances.

"Know your own body because we are all different and some of us have better genetic inclinations to have better body parts than others. Abs are genetic too; some guys just have ripped abs and others really have to work for that six pack and this can apply to back, shoulders, or legs. If it looks too good to be true, it could very well be due to steroids," Elorduy says.

Elorduy's synergistic regimen is designed to flush lactic acid out of the body with massage. (Lactic acid can cause symptoms like exhaustion or nausea.) But he also likes to dispel myths about exercise.

"Fat is going to come off where it is going to, wherever that is; you can't exercise fat away from a specific area," he says. "You're going to lean out at the top and the bottom before your middle. For men, the mid-section is where the body needs fat and where it will fight you for it." Though he has a muscular body, Elorduy claims even he struggles with motivation from time to time.

"Though I consider myself a hard worker, I feel lazy too sometimes and that's OK," he says. "I don't always want to get up and workout but I still do it!"

fine the body people notice!

**Was there a dietary/nutritional component?** Yes, Shakeology. Also, managing my food using a program called Portion Fix — container-based eating according to your weight, exercise level, etc.

**How do you plan to keep your current fitness level?** The beauty of these programs is, I can return to them at any time. Once I finish MAX:30 I may do the 21 Day Fix, then go back to PiYo. The programs educate you to help you make good exercise decisions. At 51, I may not be able to keep up with the fit 20something guys in MAX:30, but I modify and keep sweating!

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■ P90, From Page 24

**What goals did you achieve?** I actually exceeded them. My initial goal was to get to 190 lbs.; right now I hover around 182–185 lbs.

**What have been the biggest upsides?** Tons more energy, I feel better, I sleep better and I drink my daily meal replacement (Shakeology) to help with my donut addiction! I actually am able to "cheat" more often than I thought I would, because exercising helps burn the calories I'm eating.

**What kind of reactions have you received?** People are constantly complimenting me about my weight loss. The funny thing is, most say "I never thought of you as overweight," but when you de-



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**Taylor made** Gender-bending  
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Mac goes B'way

**ARNOLD WAYNE JONES**  
Executive Editor  
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**T**aylor Mac is used to being on the fringe of entertainment. Even though he's one of the best regarded performance artists in the biz — cabaret singer, composer, playwright, actor and gender-bending diva — his name might not be familiar to most people.

So how, exactly, did he end up doing a two-man show with Tony- and Emmy-winning star Mandy Patinkin with more Broadway firepower behind it than an Andrew Lloyd Webber musical? Even Mac isn't quite sure.

"I asked that, too," he laughs.

As it turns out, it's not all that far-fetched. It all began a few years ago when a mutual friend of Mac and Patinkin asked them both to do a benefit show for her. Patinkin agreed ... but only on the condition he be allowed to do a piece with Taylor Mac, even though the two had never met. Mac agreed. "We had a great time and the show we did was extraordinary. So we decided we needed to make another show," Mac says.

The result? *The Last Two People on Earth: An Apocalyptic Vaudeville*, which the two co-wrote and perform together in a world premiere presentation at the Eisemann Center this week. A wordless pantomime about the last two members of humanity, they communicate entirely through song and movement. The director/choreographer is Tony-winner Susan Stroman (*The Producers*), and everyone from the lighting designer (Ken Billington) to the costumer (William Ivey Long) to the music director (Paul Ford) are legends in their field.

"From my end, it's great to work with Mandy and Stro, and Paul Ford has worked on some of the great shows. It's a top-notch little team," Mac says modestly.

How Patinkin came up with this edgy per-

formance piece might puzzle some, but as Mac learned, there's more to the actor than *Homeland*, *Evita* and *Yentl*.

"People think of him as this mainstream star, but Mandy's been around!" Mac says. "I suggested he and I do a production of *The Maids* [Jean Genet's creepy classic of sado-masochism]. I was making a joke — I thought never in a million years would he say yes. And he said, 'Oh! I already did that with William Hurt!'"

This piece represents a middle-ground for Patinkin and Mac's core audiences. "I come from the more traditional background of theater-making — the world that Mandy has become popular in. But it's something that I haven't done for a good 10 years if not more, and certainly not for what I've been known for. It's great to indulge it."

*Last Two People* features numbers from the Great American Songbook as well as newest classics from the current century. Still, it's a far cry from what Mac's fans have come to expect — for one reason, he's not wearing his signature clown makeup.

"Anyone who saw the show I did at the Undermain a few years ago won't even recognize me," he admits. "I'm wearing a very old-school vaudeville costume. Much more recognizable for what it is — but slightly modern." Nevertheless, Mac's heart comes through in this show as well.

"I always say I'm not a teacher, I'm a reminder. Most of the audience has a better education than I do, but people who are really smart and those who aren't need to be reminded of things — what we have buried or people have buried for us about our humanity? I think that's what Mandy and I are doing — we're just trying to say, 'Remember when people were different?'" ■

**LAST TWO PEOPLE ...**

**Eisemann Center**, 2351  
Performance Drive. Richardson.  
Feb. 17-22. EisemannCenter.com.

# LIFE+STYLE

best bets

## Saturday 02.14

### Adore Delano returns for Second Saturday show at The Brick

Just a month ago, Bianca del Rio — the Season 6 winner of RuPaul's Drag Race — performed at The Brick's Second Sunday drag show. Who shows up this month? Why, Season 6 runner-up Adore Delano. She wowed fans at the Red Party last fall, so if you missed her there, here's your chance to see what made her a fan favorite.

**DEETS:** The Brick, 2525 Wycliffe Ave. Entertainment from 9 p.m.



## Friday 02.13

### Sunday 02.15

#### A one-two punch of John Waters: 'Flamingos,' Live

What a fabulous weekend to be tickled pink. First, on Friday night CineWilde hosts its annual queer film screening at the Texas Theatre, John Waters' cult classic *Pink Flamingos*. Then two days later, Waters himself descends upon the historic theater (can't wait what he has to say about that!) to recount stories from his career and life.

**DEETS:** Texas Theatre, 231 W. Jefferson Ave. Friday at 9 p.m. Sunday at 8 p.m. (doors at 7 p.m.) [TheTexasTheatre.com](http://TheTexasTheatre.com).

## Monday 02.16

#### Magnolia Theatre hosts pre-Oscar panel of experts

The Academy Awards are next week, and this is one of the most competitive years in recent memory. So who has the inside track? The Magnolia will provide insights by hosting this free panel discussion, featuring local Oscar experts (including Dallas Voice executive editor Arnold Wayne Jones, author of *The Envelope Please*). Learn trivia as well (such as, this is the second year in a row with an out gay host — Neil Patrick Harris!)

**DEETS:** Landmark's Magnolia Theatre in the West Village, 3699 McKinney Ave. 7 p.m. Free.



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## calendar highlights

### ARTSWEEK: NOW PLAYING

#### THEATER

**Gilligan's Fire Island.** Spoofmeister Jamie Morris takes on the iconic sitcom with a gay twist in this bonus show from Uptown Players, a drag comedy performed at the Rose Room inside S4. 3911 Cedar Springs Road. Feb. 13–March 14. UptownPlayers.org.

**I Love You, You're Perfect, Now Change.** The return of the Valentine's staple, a series of musical sketches about love and romance from queer composer Joe DiPietro. Theatre 3, 2800 Routh St. in the Quadrangle. Through March 1 (extended). Theatre3Dallas.com.

**Lovely Confessions.** Mark-Brian Sonna's lovable "most famous third-rate drag queen in Texas," Lovely Uranus, is back for more tutorials in love in her quest to find the love of her life. A world premiere by Alejandro de la Costa. Stone Cottage Theatre, 15650 Addison Road. Through Feb. 22. MBSProductions.net.

**Sexy Laundry.** A long-time married couple try to spice up their lives with a weekend romantic getaway at a luxury hotel, but things don't go as planned in this farce, which reunited Wendy Welch and Bob Hess, Dallas Voice's co-honorees as Actor of the Year in 2014 for *Vanya & Sonia & Masha & Spike*. Addison Theatre Centre, 15650 Addison Road. Through Feb. 22. WaterTowerTheatre.org.

**Stagger Lee.** Dallas Theater Center presents a world premiere musical by writer in residence Will Power, about how a folk song in the African-American community reflects the struggles across generations. *Final weekend.* Wyly Theatre, 2400 Flora St. DallasTheaterCenter.org.

**The Book of Mormon.** Hilarious Tony-winning musical from the creators of *South Park*. Winspear Opera House, 2403 Flora St. Through Feb. 22. ATPAC.org.

**My Name Is Asher Lev.** Circle Theatre kicks off its 34th season with this adaptation of the Chaim Potok novel. Circle Theatre, 230 W. Fourth St., Fort Worth. Through March 7. CircleTheatre.com.

**In Real Life.** The third installment of Charlayne Woodward's trilogy of plays about an African-American actress making it in the 1960s and '70s. Jubilee Theatre, 506 Main St., Fort Worth. Through March 1. JubileeTheatre.org.

**The Echo Room Presents: Her Song.** The encore engagement of Echo Theatre's show specifically created for Valentine's Day (and with a V-Day package available). Bath House Cultural Center, 521 E. Lawther Drive. Through Feb. 21. EchoTheatre.org.

**Uncle Vanya.** Dallas Actor's Lab presents a new translation of the Chekhov play, part of the Elevator Series at the Wyly Theatre. 9th Floor Theater, 2400 Flora St. Through Feb. 22. TicketDFW.org.

#### CIRCUS

**Cavalia: Odysseo.** Dallas premiere of the new Cavalia, a Cirque du Soleil-ish show featuring horses, as well as acrobatic performers. DrPepper Ballpark, 7300 Rough Riders Trail, Frisco. Extended run — now through Feb. 22. \$29.50–\$229.50. Cavalia.net.

#### FINE ART

**Bruce Wood: A Retrospective.** The pioneering choreographer, who passed away suddenly last year from complications due to AIDS, has his life and work celebrated in this exhibition. Arlington Museum of Art, 201 W. Main St., Arlington. Tuesdays–Saturdays. Through Feb. 15. \$8.

**What's Up Doc? The Animation Art of Chuck Jones.** A exhibit celebrating the iconic cartoons of the Oscar-winning animator, from Pepe LePew to Bugs and Elmer. Fort Worth Museum of Science and History, 1600 Gendy St., Fort Worth. Feb. 14–April 26. FWMuseum.org.



**WE DIDN'T START THE FIRE** | Uptown Players presents the world premiere spoof 'Gilligan's Fire Island' in the Rose Room starting Friday.

**Between Action and the Unknown: The Art of Kazuo Shigara and Sadamasa Motonaga.** A side-by-side examination of the art of two of the post-war Japanese avant garde art movement known as Gutai, which sought not to transform matter but bring it to life with experimental techniques. Dallas Museum of Art, 1717 Harwood St. Through July 15. DMA.org.

**Modern Opulence in Vienna: The Wittgenstein Vitrine.** The DMA's conservationists restore this century-old display case of silver, lapis and glass — an amazing example of Viennese craftsmanship. Dallas Museum of Art, 1717 Harwood St. Through Oct. 18. Free. DMA.org.

**The Mary Baskett Collection of Japanese Fashion.** Stunning couture from three of Japan's most iconic fashion designers: Miyake, Yamamoto and Kawakubo. Crow Collection of Asian Art, 2010 Flora St. Through Feb. 22.

#### EXHIBIT

**The International Exhibition of Sherlock Holmes.** The Baker Street Irregulars are the focus of this elementary tribute to Sir A. Conan Doyle's enduring creation, the master consulting detective and cocaine addict. Includes interactive mystery-solving adventures. Perot Museum of Nature and Science, 2201 N. Field St. Feb. 14–May 10. PerotMuseum.org.

### FRIDAY 02.13

#### COMMUNITY

**High Tech Happy Hour.** The monthly gay mixer for techies (and everyone else) partners with Strategic

Alliance, the LGBTQA group at SMU, for this special Valentine's event. Meadows Museum on the SMU campus, 5900 Bishop Blvd. 5:30–7:30 p.m.

**Panoptikon.** The (now) weekly retro disco dance party, presented by Lord Byron. Red Light, 2911 Main St. Door 9 p.m.

#### FILM

**Pink Flamingos.** CineWilde's monthly gay cinema feature, the bad taste classic by cult maven John Waters. Screens in a 35mm print. Texas Theatre, 231 W. Jefferson Ave. 9 p.m. doors. TheTexasTheatre.com.

#### EXPO

**35th Annual Texas Home & Garden Show/Fort Worth.** Interactive exhibits, consults and products. Fort Worth Convention Center, 1201 Houston St., Fort Worth. Friday–Sunday. \$10. TexasHomeAndGarden.com.

### SATURDAY 02.14

#### FUNDRAISER

**Dash for the Beads.** Annual pre-Mardi Gras 5K and charity fundraiser includes race, booths and costume context. Kidd Springs Park, 711 W. Canty St. 7:30 a.m.–noon. DashForTheBeads.org.

#### COMMUNITY

**Second Saturday featuring Adore Delano.** The monthly drag show includes a performance by Drag Race runner-up Adore Delano. The Brick, 2525 Wycliffe Ave. 9 p.m. doors.





**WASCALLY** | The work of pioneering animator Chuck Jones is the focus of a new exhibit at the Fort Worth Museum of Science & History called What's Up Doc?, opening Saturday.

**Cazwell.** The gay rapper performs. The Rose Room inside S4, 3911 Cedar Springs Road. 10 p.m. doors. Caven.com.

## SUNDAY 02.15

### COMEDY

**Wayne Brady.** The standup performs. Verizon Theatre, 1001 Performance Place, Grand Prairie. 7 p.m. doors, 8 p.m. curtain. \$35-\$55. VerizonTheatre.com.

**John Waters — Live!** The cult director of queer guerrilla cinema tells stories from his life and work. Texas Theatre, 231 W. Jefferson Ave. 7 p.m. doors, 8 p.m. curtain. \$40-\$45. TheTexasTheatre.com.

### BROADCAST

**Downton Abbey.** The fifth season of the addictive drama about life among the aristocracy continues. Airs on KERA at 8 p.m.

**Girls.** The fourth season of the quirky comedy-drama about modern living, co-starring Andrew Rannells and Zachary Quinto. Airs on HBO at 8 p.m.

**Looking.** The second season of the drama about gay life in San Francisco, starring Jonathan Groff. Airs on HBO at 8:30 p.m.

## MONDAY 02.16

### COMMUNITY

**Academy Awards Preview and Panel Discussion.** The Magnolia hosts this panel (including Dallas Voice film critic Arnold Wayne Jones) to handicap the upcoming slate of Oscar nominees. Landmark's Magnolia Theatre in the West Village, 3699 McKinney Ave. 7 p.m. Free.

### EXERCISE

**Adult Broadway Butt Busters.** Joel Ferrell leads an hour-long cardio-centric fitness class based on B'way choreography for an eight-week session each Monday evening. Wyly Theatre, 2400 Flora St. Through March 2. 5:30-6:30 p.m. \$150. ATPAC.org.

## TUESDAY 02.17 — MARDI GRAS

### FILM

**Strangers on a Train.** Quite possibly Alfred Hitchcock's masterpiece, this cat-and-mouse game between a naive tennis pro (Farley Granger) and a psychotic rich kid (Robert Walker, delivering one of the greatest screen performances of all time) is ripe with homoerotic undertones. Screens as part of the Tuesday New Classic series at Landmark's Magnolia in the West Village, 3699 McKinney Ave. Sponsored by Dallas Voice. Screens at 7:30 p.m. and 10 p.m.

### THEATER

**The Last Two People on Earth: A Vaudeville Apocalypse.** The world premiere of this two-man show — Mardy Patinkin and Taylor Mac — about communication told through song and dance. Directed and choreographed by Susan Stroman. Eisemann Center for Performing Arts, 2351 Performance Drive, Richardson. Feb. 17-22. EisemannCenter.com.

## WEDNESDAY 02.18

### THEATER

**Once.** The Tony Award-winning musical returns to North Texas, this time at Bass Performance Hall, 525 Commerce St., Fort Worth. Feb. 18-22. BassHall.com.

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**AIDS OUTREACH CENTER** — 400 N. Beach St.; Fort Worth, 76111; 817-335-1994; aoc.org

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**EXHALE SERVICES** — 405 S. Elm, Denton 75201; 940-484-2516.

**GREG DOLLGENER MEMORIAL AIDS FUND, INC.** — P.O. Box 29091, Dallas 75229; 972-423-9093; gdmf.org.

**\*LEGACY COUNSELING CENTER & LEGACY FOUNDERS COTTAGE** — 4054 McKinney, #102, Dallas 75204; 214-520-6308; legacycares.org.

**\*LEGAL HOSPICE OF TEXAS** — 1825 Market Center Blvd. #550; Dallas 75207; 214-521-6622; legalhospice.org.

**\*NELSON-TEBEDO HEALTH RESOURCE CENTER** — 4012 Cedar Springs, Dallas 75219; 214-528-2336; rcdallas.org.

**NORTH CENTRAL TEXAS HIV PLANNING COUNCIL** — 1101 S. Main, #2500, Fort Worth 76104 817-321-4743 (Office); 817-321-4741 (Fax); notexasaids.org.

**POSITIVE VOICES COALITION** — 8099 Pennsylvania Ave., Ft. Worth; 817-321-4742; notexasaids.org.

**PROJECT ESPERANZA** — 5415 Maple, #422, Dallas 75235; 214-630-0114.

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**SPECTRUM** — 3140 Dyer Suite 313; Dallas 75275; 214-768-4792; people.smu.edu/spectrum.

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## ■ MEDIA

**\*DALLAS VOICE** — 4145 Travis, 3rd Floor; Dallas 75204; 214-754-8710; dallasvoice.com.

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**LAMBDA WEEKLY** — GLBT talk-radio show; KNON 89.3FM; P.O. Box 71909; Dallas 75371; lambdaweekly@aol.com; www.lambdaweekly.com.

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**TURTLE CREEK CHORALE** — P.O. Box 190137, Dallas 75219; 214-526-3214 (x 101); turtlecreek.org.

**WOMEN'S CHORUS OF DALLAS** — 3630 Harry Hines Blvd., Suite 210; Dallas 75219; 214-520-7828; twcdoffice@twcd.org; twcd.org.

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**METROPLEX REPUBLICANS** — MetroplexRepublicans.com.

**STONEWALL DEMOCRATS OF DALLAS** — P.O. Box 192305, Dallas 75219; 214-506-DEMS(3367); stonewalldemocratsofdallas.org.

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**TARRANT COUNTY GAY PRIDE WEEK ASSOCIATION** — P.O. Box 3459, Fort Worth 76113; info@tcgpwa.org; tcgpwa.org.

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**GRAY PRIDE** — (At Resource Center); GLBT Aging Interest Network, educational & social organization for GLBT seniors; 2701 Reagan St., Dallas; 214-528-0144; RCDallas.org.

**GROUP SOCIAL LATINO** — 2701 Reagan St., Dallas 75219; 214-540-4446.

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**KHUSH TEXAS** — http://groups.yahoo.com/group/khushetexas.

**LATE BLOOMERS** — La Madeleine, 3906 Lemmon Ave.; Dallas 75219; 903-887-7371.

**LEATHER KNIGHTS** — P.O. Box 190334, Dallas 75219; 214-395-8460; leatherknights.org.

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**MEN OF ALL COLORS TOGETHER** — P.O. Box 190611, Dallas 75219; 214-521-4765.

**NATIONAL LEATHER ASSOCIATION - DALLAS** — P.O. Box 190432; Dallas 75219; info@nla-dallas.org; nla-dallas.org.

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**SAVVY SINGLES NEWS DFW** — http://singles.meetup.com/2049.

**STRENGTH IN NUMBERS DALLAS/FORT WORTH** — groups.yahoo.com/group/sindallasfortworth; dalmus@yahoo.com.

**UNITED COURT OF THE LONE STAR EMPIRE** — PO Box 190865, Dallas 75219; dallascourt.org.

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# Billy Masters

Everything's coming up Rosies

Once again, **Rosie O'Donnell** is leaving *The View*. Did I doze off and it's 2007 again? If so, why can't I fit into my old jeans? It's all just a little bit of history repeating.

This time around, Rosie is ostensibly leaving the show for personal reasons. In a statement, her rep revealed that Rosie and wife **Michelle Rounds** have been separated since November. Due to the imminent divorce, Rosie feels that her place is at home with her children. But is that the real reason? The couple has been separated for more than three months and Rosie has worked the entire time. Rumor has it this is a good way to bow out of another uncomfortable relationship. Despite what you may have heard, Ro's departure has nothing to do with any of *The View* co-hosts, but it may have something to do with how things have been handled behind the scenes — culminating in how ABC attempted to jettison the other **Rosie (Perez)**. We're told that was the last straw for O'Donnell, who pointedly told the brass that they might have to consider replacing *both* Rosies. According to insiders, O'Donnell's pressure forced the network to keep Perez on the payroll. Now *that's* a friend.

Elsewhere at ABC, **Diane Sawyer** has snagged the first interview with **Bruce Jenner**, pictured, regarding his gender "transition." Although the interview won't air until May, other members of the family are speaking out already. Jenner's mom made the most

revealing of statements: "I just learned about this. Bruce filled me in, and we had a very long, long talk about it. I am more proud of him now than when he stood on that podium and put the gold medal around his neck. He deserves all the respect." Others are curious how this will affect his sex life. One insider adamantly added, "Bruce is not gay. He did not have sex with men while he was with Kris, and he does not have sex with men now. Bruce is not going through this transition to be a lesbian, either." Let's see if Diane goes there!

During an interview with **Jimmy Kimmel**, **David Beckham** shared a story about his daughter. "I just bathed her, and I was in the bath as well. So I got her out, and was toweling her down, when she said, 'Daddy, I love you, but I don't like you. You're so chubby!'" After taking baths with Mrs. Beckham, aka **Skeleton Spice**, I suppose anyone is chubby.

In an unfortunate segue, I'm sure you're all well aware of the **Bobbi Kristina Brown** situation. But you may not know that another member of the clan is ailing. **Dionne Warwick** was hospitalized after falling in the shower last week. Perhaps the whole family needs to avoid bathrooms entirely!

This is not the first time we've had a story about hunky congressman **Aaron Schock**, but this time, he's not showing off his enviable physique or wearing a turquoise belt. He's in the midst of an investigation regarding his recently redecorated office ... because straight politicians are so often the target of decorating scandals. OK, so the suite bears a striking resemblance to the red room on *Downton Abbey*, but that's beside the point. The big no-no is that interior decorator **Annie Brahler** did the work for free. What's Schock's defense? He rambled on and on about how he's not an "old crusty white guy" and that



he loves vibrant colors. He ended his diatribe by saying, "When I go take a personal vacation, I don't sit on the beach. I go do active things. And so, I'm also not going to live in a cave. So when I post an Instagram photo with me with my friends, as **Taylor Swift** said, 'haters are gonna hate.'" That may be the

gayest defense since the trials of **Oscar Wilde**.

**Jack Falahee** from *How To Get Away With Murder* recently did a sexy photo shoot for *Out* magazine, but in the accompanying interview, skirted the subject of his own sexuality. "I don't think answering who I'm sleeping with accomplishes anything other than quenching the thirst of curiosity. And moreover, it seems reductive." Wow — "moreover" and "reductive" in the same sentence? Gay!

Many of the e-mails we received this week were about the Super Bowl, and specifically about **Rob Gronkowski**. So our "Ask Billy" question comes from Justin in Colorado: "Where did this Gronk guy come from? He's hot as fuck! I'm sure he's not gay, but tell me you at least have some nude shots of him."

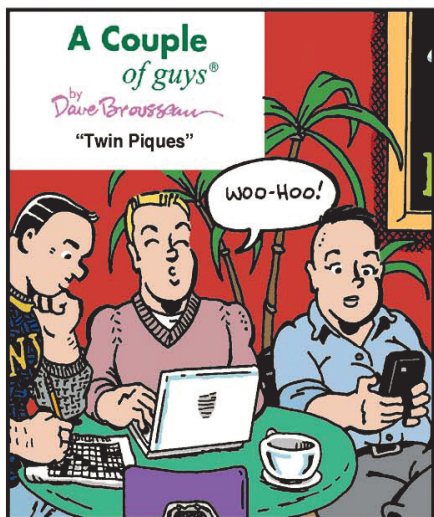
The Patriots tight end is certainly hot. He's also open to playing with gays in the abstract: "If he's being a great teammate and he's a guy on the field doing a great job, well then you've got nothing to complain about. He's another teammate and another friend." But let's put this in perspective. This is the same guy who ripped off another guy's shirt while on a dance floor. And during a spirited game of Fuck-Marry-Kill, he said he'd eff **Tim Tebow** to take his virginity. So who knows? But he's failed my gay litmus test — he's not quite sure who **Betty White** is! And after watching him read erotic prose to Jimmy Kimmel, I'm fairly confident that he's taken more than a few blows ... to the head.

Let's end on a happy note. Remember the hot Broadway boyfriends who were on *Survivor* last season? Well, they're engaged. **Josh Canfield** (the blond) and **Reed Kelly** (the bottom) were doing a show at the *très chic* club 54 Below in NYC when Josh popped the question. "Reed had no idea that I had written him a song and that I was going to propose. I also surprised him with his mom flying in for the night." Thank God Reed said yes!

When David Beckham is giving me a chubby, it's definitely time to end yet another column. If you have a question, drop a note and I promise to get back to you before someone leaks a video of Aaron Schock singing "Shake It Off" at karaoke!

Until next time, remember: One man's filth is another man's bible.

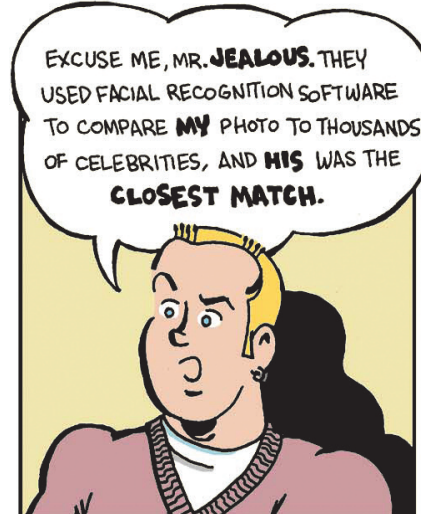
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John and Jason at The Tin Room.



Chick Happy Hour at Sue Ellen's.



Erin at Chick Happy Hour at Sue Ellen's.



Tempest and Laci at Club Cherries.



Will, Damon and Chris at S4.

Making the **SCENE** the week of Feb. 13-19:

**Alexandre's:** *Walter Lee* at 10 p.m. on Friday. *Mi Vida Loca* at 10 p.m. on Saturday and 9 p.m. on Wednesday. *Lala Johnson* at 9 p.m. on Thursday.

**BJ's NXSI:** 4th annual *Fat Tuesday* is bigger, better and trashier.

**Brick/Joe's:** *Anutha Sweet Production* presents *Toxic Tuesday Her & Her Pre-Valentine's Day Party* for the grown and sexy lesbians at 9:30 p.m.-2 a.m. on Tuesday.

**Club Reflection:** *Cowtown Leathermen* cookout at 4 p.m. on Sunday. *Fat Tuesday* game night and gumbo cookoff at 7 p.m. on Tuesday. *Wall of Food Show* at 8 p.m. on Thursday.

**Dallas Eagle:** *National Leather Association* club night on Saturday. *United Court of the Lone Star Empire Dynamic Duets* show at 7 p.m. on Saturday. *Red Party* red theme night at 10 p.m. on Saturday.

**JR.'s Bar & Grill:** *Impulse Dallas* at 6 p.m. on Friday.

**Marty's:** *Friday the 13th Love Kills* on Friday.

**Round-Up Saloon:** *Miss Gay Dallas USofA* at 10:30 pm on Wednesday.

**S4:** *Fuse Flirt Night* at 9 p.m. on Friday. *Cazwell* at midnight on Saturday.

**Sue Ellen's:** *Friday the 13th Zombie Party* with DJ *SnoWhite*. *Band Room* hosting *The Whats Up Band*. *Ciao Bella* and aerialist *Marilyn Chen* on Saturday. *Ashley Bradberry* on Wednesday.

**The Rose Room:** *Rising Star* with *Layla* and *Patrick* on Thursday.

To view more Scene photos, go to [DallasVoice.com/category/photos](http://DallasVoice.com/category/photos). Scene Photographer: *Kat Haygood*.



Girls' night out on The Strip.



Cassie Nova at S4.



Jonah at Woody's Sports & Video Bar.



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# LIFE+STYLE

## scene



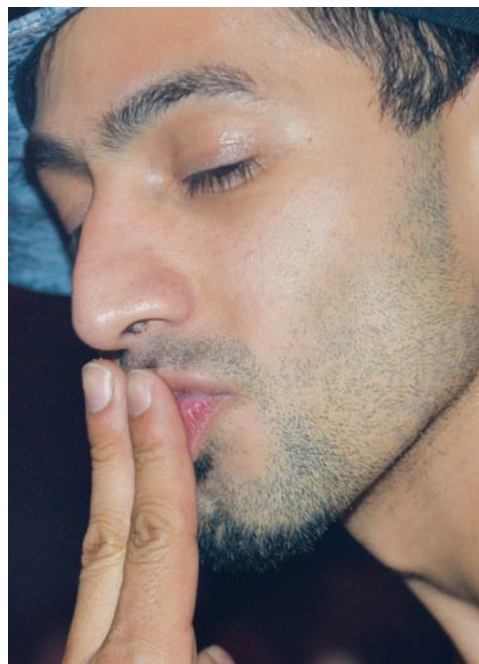
Guys' night out at JR.'s Bar & Grill.



Night out at the Round Up Saloon.



Jeffery at Alexandre's.



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Dancers at TMC.



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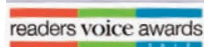
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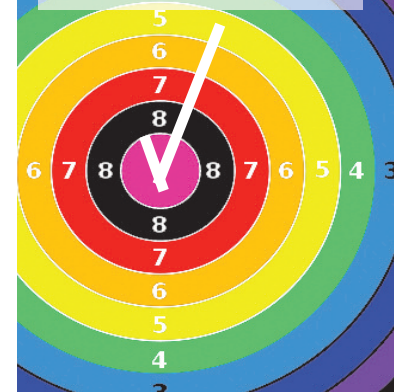
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- St. Thomas Episcopal Church  
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  - LAMBDA GROUP  
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## q-puzzle

1	2	3	4		5	6	7	8	9	10		11	12	13
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67					68							69		

## Spare Thee, Rod

Solution on page 33

### Across

- 1 "... is \_\_\_ itself" (Eleanor's husband)
- 5 Animals that spit
- 11 Where to take your first mate
- 14 *Spamalot* writer Eric
- 15 First aid antiseptic
- 16 Boater's paddle
- 17 With 18-Across, *The Prime of Miss* \_\_\_ (movie that Rod wrote a song for)
- 18 See 17-Across
- 19 Road atlas abbr.
- 20 About to happen
- 22 Billy Douglas, in *One Life to Live*
- 23 Singer that Rod wrote the "*A Man Alone*" album for
- 28 Book jacket promos
- 31 Stick on
- 32 "\_\_\_ On Down the Road" (tune from *The Wiz*)
- 33 Some A-List gays
- 34 Lesbian opponent of Wade
- 37 Church feature
- 40 Releases from the closet, e.g.
- 42 Connoisseur Allen
- 43 Throng of people
- 45 Grace
- 46 Draw back
- 48 Cannot bear
- 50 *A Boy Named* \_\_\_ (musical for which Rod got an Oscar nomination)

- 53 What opera singers put on?
- 54 Backfield exchange
- 58 NBC sketch source
- 59 Late great poet and songwriter Rod
- 63 Rod wrote "*If You Go Away*" based one of his songs
- 64 A male model may have a big one
- 65 Gingersnap, e.g.
- 66 Legendary Himalayan
- 67 Get hard
- 68 Loom
- 69 Old sitcom with Jodie

### Down

- 1 South Seas island group
- 2 Rice's *East of* \_\_\_
- 3 "What a shame"
- 4 Without a certain Broadway play?
- 5 Many October babies
- 6 *Two Women* star
- 7 *Much \_\_\_ About Nothing*
- 8 STINKBUG Start of a life crisis?
- 9 Feminist folk singer DiFranco
- 10 Get a load of
- 11 Deep penetration symptom?
- 12 Enjoyer of Stephen Pyles
- 13 Gladiator area
- 21 Heavenly body
- 22 Tic \_\_\_ (sometimes fruit mint)
- 24 Toto's home st.

- 25 Got to second base, perhaps
- 26 "How can \_\_\_?"
- 27 Tammany Tiger creator
- 28 Rupert Everett's *The Next \_\_\_ Thing*
- 29 Until all hours
- 30 Where the lemon is the main fruit
- 33 Twill fabric
- 35 S&M response
- 36 Cigar butt
- 38 Dr. on TV
- 39 *My Life in High Heels* autobiographer Anderson
- 41 Reliable supporters
- 44 Young lady coming out
- 47 B&O et al.
- 48 Extended credit
- 49 Former TV host's new channel
- 50 Big beer buys
- 51 Swinger's joint?
- 52 River through Köln
- 55 Bite it
- 56 Salty white stuff from the Greeks
- 57 Comic Wilson, who cross-dressed as Geraldine
- 59 AT&T rival
- 60 End of many a web address
- 61 Keystone lawman
- 62 Ho's instrument

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